

Updated Meet Info

San Joaquin Delta College
Cross Country
Meet Information Sheet
Big 8 Cross Country Championships

Thursday October 30, 2008

Oak Grove Regional Park
8 Mile Road Stockton, Ca

Oak Grove Regional Park is located on the South side of 8 mile Road at the intersection of Interstate 5 and 8 mile Road in Stockton, Ca. Directions from Northern California would require traveling South on Interstate 5 and exiting 8 Mile Road. Turn left at the stop lights and the park will be on your right. From the South, traveling North on Interstate 5, exit 8 Mile Road, turn right, and the park is on the right.

Park Fees: \$3.00 per vehicle
If you have a vehicle with a state license plate parking is free.
Park Information Phone: 209-953-8814

Start times: Women's race is at 2:00pm 5K
Start times: Men's race is at 2:45pm 4 Mile

Entry Fees:

\$50.00 Per Team/Women's and Men's Teams are considered separate teams
\$10.00 per individual
Map will be on NORCAL Stat.Com

Restrooms are available

Course description:
Flat, dry, and fast.
Grass(spongy in places), hard dirt trails, cement.

All entries are to be completed by Monday October 27, 2008 at 9:00pm on Direct Athletics.