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Coast Conference Championships

10/28/09

Crystal Springs Course

Men's Events	Women's Events
Mens Race	Womens Race

Mens Race

[Team Scores](#)

Rank	Team name	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	CCSF	1:51:09	22:13	33	3	4	7	9	10	31	
2	Hartnell	1:52:02	22:24	46	1	5	6	8	26	38	
3	De Anza	1:55:09	23:01	77	2	13	19	20	23	30	
4	West Valley	1:56:36	23:19	87	11	15	16	18	27	35	
5	San Jose	2:06:50	25:22	142	12	22	29	39	40		
6	Las Positas	2:10:24	26:04	159	14	32	34	36	43		
7	San Mateo	2:13:32	26:42	160	17	21	37	41	44		

[Results](#)

Place	Name	Year	Team	Avg. Mile	Time	Score
1	Tapia, Daniel		Hartnell	5:06	21:27.03	1
2	Gebrekristos, Abiy		De Anza	5:11	21:46.99	2
3	Frazier, Mark		CCSF	5:12	21:52.53	3
4	Willers, Benny		CCSF	5:12	21:53.76	4
5	Cabrera, Jesus		Hartnell	5:13	21:56.38	5
6	Vasquez, Rigoberto		Hartnell	5:15	22:06.32	6
7	Frazier, Luke		CCSF	5:19	22:19.94	7
8	Alcaraz, Alejandro		Hartnell	5:21	22:28.25	8
9	Urista, David		CCSF	5:21	22:31.14	9
10	Cook, Sloane		CCSF	5:21	22:31.99	10
11	Felix, Rene		West Valley	5:23	22:36.89	11
12	Valdez, Justin		San Jose	5:24	22:43.00	12
13	Crum, Clifford		De Anza	5:25	22:48.45	13
14	Smauley, Nathaniel		Las Positas	5:27	22:57.50	14
15	Bedolla, Jose		West Valley	5:31	23:10.51	15
16	Dimas, Jose		West Valley	5:32	23:16.72	16
17	Setser, Thomas		San Mateo	5:33	23:20.81	17
18	Cleveland, Tyler		West Valley	5:33	23:22.15	18
19	Rios, David		De Anza	5:34	23:25.32	19
20	Burinsky, Gene		De Anza	5:34	23:25.99	20
21	Sanchez, Jose		San Mateo	5:35	23:27.09	21
22	Rodriguez, Reyes Said Morones		San Jose	5:37	23:38.73	22
23	Gurrola, Jose		De Anza	5:38	23:42.89	23
24	Brody, Daniel		De Anza	5:42	23:56.51	24

25	Linn, Ryan		CCSF	5:43	24:00.63	25
26	Yepez, Eric		Hartnell	5:43	24:04.76	26
27	Mimaroglu, Alp		West Valley	5:45	24:09.87	27
28	Anderson, Robert		Hartnell	5:47	24:21.12	28
29	Gonzalez-Mejia, Jose		San Jose	5:49	24:29.64	29
30	Nunez, Luis		De Anza	5:55	24:51.95	30
31	Chew, Peter		De Anza	5:56	24:57.53	
32	Montez, Matt		De Anza	5:59	25:10.08	
33	Cowen, James		CCSF	6:00	25:14.05	31
34	Hales, Sam		Las Positas	6:01	25:18.75	32
35	Blease, Adam		West Valley	6:04	25:30.61	33
36	Saenz, Phillip		Las Positas	6:05	25:36.21	34
37	Sawaya, Ryan		De Anza	6:05	25:36.80	
38	Cordva, Joseph		West Valley	6:09	25:51.09	35
39	Beamon, Chris		Las Positas	6:14	26:14.55	36
40	Escobar, Caleb		De Anza	6:16	26:20.94	
41	Faal-Amiri, Bobak		West Valley	6:16	26:22.32	
42	Ramirez, Juan		San Mateo	6:22	26:46.01	37
43	Hernandez, Edgar		Hartnell	6:23	26:51.50	38
44	Godinez, Alfonso		CCSF	6:28	27:09.66	
45	Shibeshi, Bereket		De Anza	6:36	27:45.21	
46	Santomauro, Ryan		San Jose	6:37	27:49.88	39
47	Agustin, Joseph		San Jose	6:42	28:09.30	40
48	Hernandez, Gustavo		Hartnell	6:50	28:45.51	
49	Soe, Zach		San Mateo	6:54	29:01.05	41
50	Delgado, David		San Jose	7:01	29:31.11	42
51	Singh, Pardeep		Las Positas	7:12	30:17.33	43
52	McGregor, Ian		San Mateo	7:22	30:57.74	44
53	Alvarez, Cesar		Hartnell	7:35	31:53.96	
54	Silvia, Alex		Las Positas	7:43	32:28.23	45

Womens Race

Team Scores

Rank	Team name	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	De Anza	1:38:43	19:44	24	1	3	4	6	10	24	
2	Hartnell	1:39:34	19:54	31	2	5	7	8	9	17	
3	CCSF	1:50:22	22:04	85	12	16	18	19	20		
4	San Jose	1:52:52	22:34	94	11	15	21	22	25		

Results

Place	Name	Year	Team	Avg. Mile	Time	Score
1	Paranthaman, Jessica		De Anza	9:51	19:14.09	1
2	Herrera, Ellie		Hartnell	9:52	19:15.16	2
3	Whitmyre, Kirsti		De Anza	9:55	19:21.85	3
4	Kilgroe, Kim		De Anza	9:59	19:29.87	4
5	Meza, Priscilla		Hartnell	10:12	19:54.16	5
6	Westley, Luisa		De Anza	10:15	20:00.17	6
7	Cabrera, Sused		Hartnell	10:17	20:03.27	7
8	Garcia, Mayra		Hartnell	10:18	20:05.33	8

9	Suarez, Jazmin	Hartnell	10:23	20:16.49	9
10	Pando, Christina	De Anza	10:34	20:37.11	10
11	Necoechea, Suzanne	San Jose	10:37	20:42.87	11
12	Juarez, Danielle	CCSF	10:42	20:51.96	12
13	Tapia, Emilse	Hartnell	10:45	20:59.03	13
14	Phillips, Rebekah	De Anza	10:50	21:08.26	14
15	Maldonado, Tiffany	San Jose	10:52	21:12.48	15
16	Day, Danielle	San Mateo	10:54	21:15.68	
17	Salazar, Cyntia	CCSF	10:55	21:18.57	16
18	Saldana, Leticia	Hartnell	10:56	21:20.39	17
19	Guzman-Duante, Lynelle	West Valley	11:08	21:44.07	
20	Castro, Stephanie	Hartnell	11:12	21:51.61	
21	Scettrini, Emily	Hartnell	11:32	22:30.42	
22	Cano, Stephanie	CCSF	11:33	22:33.25	18
23	Apruebo, Ranimarie	West Valley	11:40	22:45.47	
24	Emam-Ghiasi, Sara	CCSF	11:41	22:47.33	19
25	Kage, Tiara	CCSF	11:43	22:50.91	20
26	Le Beau, Ruth Ann	San Jose	11:43	22:51.99	21
27	Nowack, Erika	San Jose	12:04	23:33.26	22
28	Medina, Priscilla	CCSF	12:05	23:35.66	23
29	Nieh, Jen	De Anza	12:13	23:50.17	24
30	Braham, Kate	De Anza	12:29	24:21.44	
31	Lusignan, Lauren	Las Positas	12:34	24:31.51	
32	Carrasco, Janette	San Jose	12:34	24:31.92	25
33	Yazdi, Yasamin	De Anza	12:47	24:57.02	
34	Knudsen, Megan	San Mateo	12:48	24:59.52	
35	Monce, Amethyst	San Mateo	13:05	25:31.00	
36	Tovar, Angelica	San Jose	13:06	25:33.00	26
37	Gutierrez, Nora	West Valley	13:20	26:00.51	
38	Medina, Liz	Hartnell	13:35	26:30.88	
39	Ludt, Kristen	Las Positas	13:36	26:32.82	
40	Schmal, Casey	San Mateo	15:28	30:09.86	
41	Lusignan, Sam	Las Positas	18:23	35:51.46	