

2008 Schedule for Crystal Springs Cross Country Course

<i>Date</i>	<i>Time</i>	<i>Race Name</i>	<i>Race Director</i>	<i>Contact</i>
August				
Thursday, Aug 28, '08	3:15	Serra Time Trials Practice	Will McCarthy, Serra	wmccarthy@serrahs.com
September				
Tuesday, Sep 2, '08	3:00	Aragon & Mt. Pleasant	Bill Daskarolis, Aragon	510-552-4125
Thursday, Sep 11, '08	3:15	Serra Intersquad Practice	Will McCarthy, Serra	wmccarthy@serrahs.com
Wednesday, Sep 17, '08	4:00	CSUS The Relay Jamboree	Dave Robertson	drobe@csus.com
October				
Thursday, Oct 2, '08	3:00	SCVAL Preview	Ernie Lee	erndog@alumni.princeton.edu
Friday, Oct 3, '08	?	JC Crystal Springs Invite	Joe Mangan, CSM	650-574-6448
Tuesday, Oct 7, '08	3:00	PAL Intro	Bill Daskarolis	bdasko@comcast.net
Wednesday, Oct 8, '08	3:00	ISAL/GISAL	Albert Caruana	acar@csus.com
Friday Oct 10 '08	10:00	Cal Pac Preview	Don Ott	510-432-7699
Saturday, Oct 11, '08	9:00	Serra Invitational	Will McCarthy	wmccarthy@serrahs.com
Monday, Oct 13, '08	3:00	Mitty Practice	Mark Frise	mafrise@yahoo.com
Wednesday, Oct 15, '08	3:00	Terman Invitational	Karen Saxena	heypalermo@aol.com
Thursday, Oct 16, '08	3:15	Center Meet #1	Bill Daskarolis	bdasko@comcast.net
Wednesday, Oct 22, '08	3:30	Small School League	Scott Douthit-C. Armstrong	Lynndance@rcn.com
Thursday, Oct 23, '08	3:15	Center Meet #2	Bill Daskarolis	510-552-4125
Friday, Oct 24, '08	4:00	ADAL League	Karen Saxena	heypalermo@aol.com
Saturday, Oct 25, '08		SH Cathedral Practice	Andy Chan	415-420-7149
Monday, Oct 27, '08	3:15	Serra Practice	Will McCarthy	wmccarthy@serrahs.com
Tuesday, Oct 28, '08	3:00	BAIAL Championships	Dave Robertson	drobe@csus.com
Wednesday, Oct 29, '08	3:30	Small School League	Scott Douthit-C. Armstrong	Lynndance@rcn.com
Thursday, Oct 30, '08	3:15	Center Meet #3	Bill Daskarolis	510-552-4125
November				
Saturday, Nov 1, '08	9:00	West Coast Conf.	Bob Rush	595-3619
Saturday, Nov 1, '08	4:00	PAC West Conf.	Jesse Torres	jtorres@ndnu.edu
Monday, Nov 3, '08	12:30	BVAL	Colette Cluff	408-265-5409
Tuesday, Nov 4, '08	2:00	SCVAL	Ernie Lee	erndog@alumni.princeton.edu
Wednesday, Nov 5, '08	2:00	WCAL III	Will McCarthy Serra	wmccarthy@serrahs.com
Thursday, Nov 6, '08	1:00	PAL	Bill Daskardolis	510-552-4125
Friday, Nov 7, '08	10:00	Cal Pac Conf. Champs	Don Ott	510-432-7699
Friday, Nov 7, '08	2:00	WBAL League	Al Caruana	acar@csus.com
Thursday, Nov 27, '08	9:00	Don Dooley Turkey Trot	Bob Rush	595-3619

Bob Rush

**116 Wycombe Ave.
San Carlos CA 94070-1843**

**Phone 650-595-3619 Mobile Number (415)730-8299
E-Mail rushrunner@aol.com**

2008 Revision #13...Revised...September 16

All schools that compete on the Crystal Springs Cross Country Course will be charged a flat rate of \$20.00 per school per competition, It is the meet director's responsibility to collect the fees **for the season** and pay the fee to **CSM/Crystal Springs Account** and send the \$ to **Joe Mangan, % Athletic Director, College of San Mateo, 1700 West Hillsdale Boulevard, San Mateo, CA**

Race Directors should be prepared to pay for police parking assistance to the Belmont Police Dept. for any large race.

Schools that have practice sessions on the course should send \$20.00 dollars for each practice session to the above address @ CSM

