

2008 Gary Judd Invitational

Date: Saturday Oct. 11, 2008

Time: Women (5K): 10:00am Men (4.0 mile): 10:45am

Site: Sierra College - 5000 Rocklin Road, Rocklin, CA 95677

Entry Fee: \$40.00 per complete men's team. \$40.00 per complete women's team.
\$10.00 per individual not on a complete team.

Checks must be made payable to: SHAPER (please hand carry your check to the meet site)

Entry: Must be emailed to sbasque@sierracollege.edu by October 6th no later than noon.

Late Entry: A \$25.00 processing fee will be assessed for teams entering after the entry deadline (male and female teams will be charged separately).

Awards: Medals will be awarded to the top 5 finishers in each race. A plaque will be awarded to the 1st team in each race.

Numbers: Must be worn in front.

Shoes: Spikes are NOT allowed.

Showers: Showers will be available. Please bring your own towel.

Trainers: Sierra College athletic trainers are located in Building G near locker rooms. Please bring supplies for preventive taping needs.

Directions: From I-80 take Sierra College Blvd. south to Sierra College entrance on right (near football stadium).

Parking: Parking is available in Lots J & K (next to football stadium). A \$1.00 parking fee is assessed for each non-school vehicle. Use the parking ticket machines.

Hotel List: Please contact Ben at the Heritage Inn (916-632-3366) for very reasonable prices. Reference the Gary Judd XC Meet.

Questions: Contact Joe Neff at (916) 781-0557