

Northern California Community College Cross Country Championships

- Date:** Saturday, November 8th
- Race Times:** Women's Race 10:00 am
Men's Race 11:00 am
- Entry Fees:** \$55 per team/ \$8 per individual
Make checks payable to *Shasta College Athletics*
- Location** West Valley HS
Directions are as follows:
I-5 toward Redding, take the Gas Point Rd exit
Go West onto Gas Point Rd
Go 6.2 miles, Turn Rt onto Happy Valley Rd
Go .7 miles and turn right into parking lot.
- Awards:** Plaques awarded to the top three teams.
Medals to members of the first three teams.
Individual awards to the top 15 individuals
- Entry Procedure:** All entries required through Directathletics.com
Entry Deadline is Tuesday, November 4, 2008 at 5:00pm
- Accommodations:**
Meet Headquarters: Red Lion Hotel, 1830 Hilltop Dr. Redding, CA 96002
\$89.95 (530) 224-6617 talk to Mike Leslie (530)-224-6617
- Meet Contacts:** Aaron Junta 530-225-4713 (office) 530-410-5890 (cell)