

**NorCal Top 14 Rankings**  
**Week #4 – 9/29/08**

*This list is the official NorCal Rankings which is a compilation of ballots using a 14 point scoring system. Coaches are encouraged to submit this weekly list to their local newspapers as an official report for Northern California Community College Cross-Country. The Ranking Committee is comprised of Committee Chairman Daniel Cruz-Diablo Valley and colleagues Rick Anderson-American River, Dave Bronzan- College of the Sequoias, Aaron Junta-Shasta College, and Nick Mattis-De Anza College. dc*

WOMEN							Total
Rank	Team	Points					
1	COS	14	14	14	14	14	70
2	MJC	13	13	13	13	13	65
3	CSM	12	12	12	12	11	59
4	DAC	11	10	9	10	12	52
5	DVC	10	9	8	8	10	45
6	SRJC	8	5	6	4	9	32
7	SJD	9	8	10	5		32
8	SCC	6	6	4	9	6	31
9	SC	2		11	11	7	31
10	SIE	5	7	7	7	2	28
11	ARC	7	1	5	6	8	27
12	WVC	3	11	2	2	4	22
13	HC	4	4	1	1	3	13
14	FCC	1	2	3		5	11

Individuals							Total	
1	Allison Gonzales	COS	14	13	13	13	14	67
2	Sable Browning	MJC	13	12	12	11	13	61
3	Ana Mendez	MJC	12	11	11	12	12	58
4	Vanessa James	DAC	9	9	9	9	11	47
5	Julie Platero	SCC	10	10	10	10	6	46
6	Stephanie Ksenzulak	SC		14	14	14		42
7	Briana McCreedy	DVC	8	8	8	7	10	41
8	Courtney Gooch	FCC	6	6	5	6	9	32
9	Sierra Gonzales	COS	5	7		4	8	24
10	Mary Courtwright	SJD	7	1	7	5	1	21
11	Kaitlin Roarke	CSM	11		4	2		17
12	Kristi Whitmyre	DAC	3	5		1	7	16
13	Brianna Diaz	COS	2	4	2		5	13
14	Amanda Remington	SJD	4		6	3		13

*Others receiving votes as Honorable Mention: Crystal Gonzales-COS; Claire Jenkins-ARC; Alicia Leuth-SRJC; Genevieve Spears, Sierra.*

MEN							Total
Rank	Team	Points					
1	ARC	14	14	14	14	14	70
2	COS	13	13	13	13	13	65
3	FCC	12	12	12	12	12	60
4	CCSF	11	11	11	11	11	55
5	HC	10	10	10	10	10	50
6	MJC	9	9	9	9	9	45
7	DAC	8	8	8	7	7	38
8	BC	6	5	6	5	6	28
9	WVC	7	6	7	6		26
10	SCC	4	7	2	8	5	26
11	DVC	5	4	3	3	8	23
12	SC	1	2	5	4	4	16
13	CSM	3	1	4	2		10
14	SRJC	2	3			1	6

Individuals							Total	
1	David Tapia	HC	13	14	14	14	13	68
2	Anthony Costales	ARC	14	12	11	12	14	63
3	David Sanchez	COS	12	13	13	13	12	63
4	Alfonso Lopez	COS	11	11	10	10	10	52
5	Nuno Espandinha	MJC	9	7	12	11	11	50
6	Christopher Gerber	CCSF	10	10	9	9	9	47
7	Rocky Richardson	FCC	8	9	8	5	8	38
8	Eder Torrealba	FCC	7	8	7	4	7	33
9	Jordan Cavanagh	COS	6	6	6	2	5	25
10	Erik Gregory	ARC	4	5	3	8	4	24
11	Thomas Evangelista	ARC	5	4	1	7	6	23
12	Dan Labrabor	ARC	3	3		6	3	15
13	Jacob Enemark	DVC	2	2		1	2	7
14	Andrew Milne	SC		1	4			5

*Others receiving votes as Honorable Mention: Mark Frazier-CCSF; Jose Montoya-CSM; Justin McQuaid-SRJC*