

## NorCal Community College Championships 2009

11/7/09

Crystal Springs Course

<b>Men's Events</b>	<b>Women's Events</b>
Men's Race	Women's Race
	Women's Race

## Men's Race

## ■ Team Scores

Rank	Team name	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	CCSF	1:49:48	21:57	77	6	8	16	18	29	74	
2	American River	1:49:59	21:59	88	9	14	20	22	23	32	
3	Sequoias	1:49:04	21:48	89	2	4	17	24	42	87	
4	Fresno	1:50:43	22:08	108	5	7	10	41	45	73	
5	Diablo Valley	1:51:42	22:20	151	3	11	30	52	55	60	
6	Sacramento	1:53:00	22:36	166	12	31	34	43	46	51	
7	Modesto	1:53:05	22:37	173	13	15	25	49	71		
8	Hartnell	1:54:01	22:48	193	1	19	28	54	91	111	
9	De Anza	1:54:23	22:52	217	21	27	48	57	64	84	
10	West Valley	1:56:51	23:22	279	35	44	58	63	79	100	
11	Santa Rosa	1:57:42	23:32	292	36	38	68	69	81	89	
12	Butte	1:58:34	23:42	318	33	56	65	78	86	97	
13	Redwoods	2:01:02	24:12	351	37	62	77	80	95	106	
14	San Jose	2:08:52	25:46	382	40	53	76	104	109		
15	West Hills	2:07:56	25:35	406	39	66	98	101	102		
16	San Joaquin Delta	2:13:49	26:45	445	61	75	92	107	110		
17	Shasta	2:10:33	26:06	470	85	90	93	99	103		

## ■ Results

Place	Name	Year	Team	Avg. Mile	Time	Score
1	Tapia, Daniel		Hartnell	4:57	20:48.45	1
2	Sanchez, David		Sequoias	5:00	20:57.01	2
3	Landrum, Wyatt		Diablo Valley	5:00	21:00.03	3
4	Rivera, Joseph		Sequoias	5:01	21:04.01	4
5	Torreblanca, Eder		Fresno	5:07	21:29.37	5
6	Frazier, Mark		CCSF	5:09	21:36.98	6
7	Orea, Isai		Fresno	5:10	21:39.21	7
8	Willers, Benny		CCSF	5:10	21:39.97	8
9	Evangelista, Tomas		American River	5:11	21:44.79	9
10	Ross, Jon		Fresno	5:11	21:46.72	10
11	Pannu, Rajpaul		Diablo Valley	5:12	21:47.78	11

12	Arriaga, Arturo		Sacramento	5:12	21:49.60	12
13	Mallory, Anthony		Modesto	5:13	21:54.73	13
14	Walden, Chris		American River	5:14	21:58.43	14
15	Bruce, Ronnie		Modesto	5:14	21:58.81	15
16	Frazier, Luke		CCSF	5:14	21:59.37	16
17	Guzman, Ramon		Sequoias	5:15	22:01.37	17
18	Diaz, Fernando		CCSF	5:15	22:02.15	18
19	Vasquez, Rigoberto		Hartnell	5:15	22:03.39	19
20	Young, Daniel		American River	5:16	22:04.14	20
21	Gebrekrstos, Abiy		De Anza	5:16	22:04.63	21
22	Edwards, Kyle		American River	5:16	22:05.11	22
23	McIntyre, Scott		American River	5:16	22:06.59	23
24	Ochoa, Andrew		Sequoias	5:17	22:09.07	24
25	Alvarez, Roberto		Modesto	5:20	22:21.75	25
26	Heck, James		American River	5:20	22:22.30	26
27	Crum, Clifford		De Anza	5:20	22:22.79	27
28	Alcaraz, Alejandro		Hartnell	5:21	22:27.00	28
29	Urista, David		CCSF	5:22	22:29.99	29
30	Carter, Devin		Diablo Valley	5:23	22:34.84	30
31	Evans, Josh		Sacramento	5:23	22:35.59	31
32	Bornstein, Evan		American River	5:24	22:38.21	32
33	Graber, Phillip		Butte	5:24	22:39.22	33
34	Cudworth, Joshua		Sacramento	5:25	22:44.08	34
35	Bedolla, Jose		West Valley	5:25	22:44.31	35
36	Thomas, Skyler		Santa Rosa	5:26	22:46.91	36
37	O'Connell, Jonathan		Redwoods	5:26	22:47.24	37
38	Ripa, Vojta		Santa Rosa	5:26	22:49.24	38
39	Ivans, Colten		West Hills	5:26	22:49.47	39
40	Rodriguez, Reyes Said Morones		San Jose	5:27	22:50.80	40
41	Sanchez, Javier		Fresno	5:27	22:51.68	41
42	Rodriguez, Roberto		Sequoias	5:27	22:53.35	42
43	Lopez, Juve		Sacramento	5:28	22:54.51	43
44	Felix, Rene		West Valley	5:28	22:55.62	44
45	Brown, Chris		FRESNO	5:28	22:56.28	45
46	Natera, Anthony		Sacramento	5:28	22:56.95	46
47	Smauley, Nathaniel		Las Positas	5:29	22:58.65	
48	Krtil, Joe		Sacramento	5:29	23:00.39	47
49	Gurrola, Jose		De Anza	5:29	23:01.52	48
50	Velasquez, Lucas		Modesto	5:29	23:01.78	49
51	Cook, Sloane		CCSF	5:30	23:03.10	50
52	Ribakoff, Yoni		Sacramento	5:30	23:05.22	51

53	Quinn, James		Diablo Valley	5:30	23:05.82	52
54	Valdez, Justin		San Jose	5:30	23:06.46	53
55	Anderson, Robert		Hartnell	5:31	23:07.47	54
56	Palermini, Anthony		Diablo Valley	5:32	23:14.29	55
57	Perez, Marco		Butte	5:32	23:14.52	56
58	Burinsky, Gene		De Anza	5:33	23:15.70	57
59	Cleveland, Tyler		West Valley	5:33	23:16.96	58
60	Vallejo, Marco		Diablo Valley	5:33	23:18.57	59
61	Thompson, Robert		Diablo Valley	5:33	23:18.84	60
62	Sanchez, Jose		San Mateo	5:34	23:22.94	
63	Garcia, Ray		San Joaquin Delta	5:36	23:31.44	61
64	Pappas, Michael		Redwoods	5:37	23:34.03	62
65	Dimas, Jose		West Valley	5:37	23:35.45	63
66	Brody, Daniel		De Anza	5:38	23:38.56	64
67	Kirk, Forest		Butte	5:38	23:38.79	65
68	Alba, Yesey		West Hills	5:39	23:40.65	66
69	Hernandez, Marc		Fresno	5:39	23:40.97	67
70	Mora, Ethan		Santa Rosa	5:39	23:42.86	68
71	Fitzpatrick, Stephan		Santa Rosa	5:39	23:43.13	69
72	Rios, David		De Anza	5:39	23:44.00	70
73	Izquierdo, Christian		Modesto	5:40	23:48.19	71
74	Arellano, Jerry		Sequoias	5:41	23:52.15	72
75	Celum, Jon		Fresno	5:42	23:56.46	73
76	Linn, Ryan		CCSF	5:43	23:58.78	74
77	Galantine, Joseph		San Joaquin Delta	5:44	24:03.93	75
78	Gonzalez-Mejia, Jose		San Jose	5:44	24:04.17	76
79	Culver, Jacob		Redwoods	5:44	24:04.60	77
80	Carter, Joseph		Butte	5:44	24:04.91	78
81	Mimaroglu, Alp		West Valley	5:48	24:19.31	79
82	Gray, Cody		Redwoods	5:50	24:30.49	80
83	Setser, Thomas		San Mateo	5:53	24:39.26	
84	Hermosillo, Austin		Santa Rosa	5:53	24:40.60	81
85	Ibarra-Espinoza, Armando		Modesto	5:54	24:44.03	82
86	Peterson, Jason		Santa Rosa	5:54	24:46.38	83
87	Escobar, Caleb		De Anza	5:54	24:47.23	84
88	Oilar, Kyle		Shasta	5:55	24:51.55	85
89	Smith, Kevin		Butte	5:57	24:57.51	86
90	Hales, Sam		Las Positas	6:01	25:14.74	
91	Bettencourt, Lucas		Sequoias	6:02	25:16.95	87
92	Pullen, Timothy		Butte	6:02	25:17.60	88
93	Clossen, Brad		Santa Rosa	6:03	25:23.68	89

94	chen, chao		Shasta	6:04	25:28.11	90
95	Yepez, Eric		Hartnell	6:06	25:35.22	91
96	Robertson, Kellen		San Joaquin Delta	6:07	25:39.96	92
97	obergin, sebastain		Shasta	6:08	25:42.82	93
98	Beamon, Chris		Las Positas	6:10	25:52.05	
99	Saenz, Phillip		Las Positas	6:11	25:57.44	
100	Hernandez, Edgar		Hartnell	6:13	26:03.77	94
101	Herrera, Donald		Redwoods	6:13	26:05.84	95
102	Cordova, Joseph		West Valley	6:17	26:21.68	96
103	Heldman, Jacob		Butte	6:19	26:28.52	97
104	Padilla, Jose		West Hills	6:21	26:37.00	98
105	joseph, knighten		Shasta	6:23	26:47.37	99
106	Blease, Adam		West Valley	6:28	27:09.50	100
107	Bengston, Aaron		West Hills	6:30	27:17.10	101
108	Begin, Brent		West Hills	6:34	27:32.15	102
109	Lackey, Donovan		Shasta	6:37	27:43.97	103
110	Agustin, Joseph		San Jose	6:37	27:45.81	104
111	Huerta, Nicolas		Redwoods	6:43	28:12.24	105
112	Noe, Rae		Redwoods	6:55	29:01.06	106
113	Fuller, Tim		San Joaquin Delta	6:56	29:03.92	107
114	marcus, wetter		Shasta	7:12	30:12.20	108
115	Delgado, David		San Jose	7:25	31:05.52	109
116	Nash, Andre		San Joaquin Delta	7:31	31:30.37	110
117	Alvarez, Cesar		HARTNELL	7:32	31:35.75	111
118	Osidoro, Angel		West Hills	7:55	33:11.29	112

## Women's Race

### ■ Team Scores

Rank	Team name	Total Time	Avg. Time	Score	1	2	3	4	5	6	7
1	Hartnell	1:38:41	19:44	74	4	9	18	21	22	42	
2	De Anza	1:39:14	19:50	79	7	11	12	19	30	60	
3	Sacramento	1:38:48	19:45	97	1	17	23	24	32	73	
4	American River	1:40:22	20:04	107	3	10	27	31	36	51	
5	Modesto	1:44:21	20:52	148	8	14	35	39	52		
6	Fresno	1:48:18	21:39	186	15	16	46	54	55	75	
7	Shasta	1:48:30	21:42	190	13	20	47	53	57		
8	CCSF	1:49:13	21:50	212	26	29	49	50	58		
9	Santa Rosa	1:50:08	22:01	213	5	40	43	62	63		
10	San Jose	1:50:06	22:01	219	28	33	44	48	66		
11	Butte	1:52:02	22:24	223	6	25	59	61	72		
12	Sierra	1:53:42	22:44	238	2	37	64	65	70		

13	Redwoods	2:12:11	26:26	352	56	69	74	76	77		
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## Results

Place	Name	Year	Team	Avg. Mile	Time	Score
1	Crouch, Kim		Sacramento	5:59	17:41.84	1
2	Gonzales, Allison		Sequoias	6:17	18:32.36	
3	McNabb, Amanda		Sierra	6:22	18:49.59	2
4	Jenkins, Claire		American River	6:23	18:50.65	3
5	Herrera, Ellie		Hartnell	6:23	18:50.98	4
6	Lueth, Alicia		Santa Rosa	6:28	19:05.90	5
7	Finn, Mary		Butte	6:31	19:13.85	6
8	Whitmyre, Kirsti		De Anza	6:32	19:17.43	7
9	Peters, Shannon		Modesto	6:34	19:23.40	8
10	Cabrera, Sused		Hartnell	6:35	19:27.49	9
11	Anderson, Courtney		American River	6:36	19:31.06	10
12	Kilgroe, Kim		De Anza	6:40	19:40.59	11
13	Paranthaman, Jessica		De Anza	6:40	19:42.30	12
14	Spence, Jerri		Shasta	6:42	19:47.81	13
15	Villalobos, Sophia		Modesto	6:43	19:49.88	14
16	Tademy, Beth		Fresno	6:43	19:50.42	15
17	Gooch, Courtney		Fresno	6:45	19:55.93	16
18	Miles, Mariah		Sacramento	6:45	19:56.58	17
19	Suarez, Jazmin		Hartnell	6:46	20:00.49	18
20	Westley, Luisa		De Anza	6:49	20:06.77	19
21	Winstead, Brianna		Shasta	6:49	20:07.12	20
22	Garcia, Mayra		Hartnell	6:49	20:08.56	21
23	Meza, Priscilla		Hartnell	6:51	20:14.16	22
24	Birrer, Brittany		Sacramento	6:52	20:16.68	23
25	Pritchard, Alexis		Sacramento	6:53	20:18.65	24
26	Haley, Rae		Butte	6:53	20:19.67	25
27	Juarez, Danielle		CCSF	6:54	20:22.11	26
28	Reyes, Michelle		American River	6:54	20:22.47	27
29	Necoechea, Suzanne		San Jose	6:54	20:23.06	28
30	Salazar, Cytia		CCSF	6:56	20:27.45	29
31	Pando, Christina		De Anza	6:56	20:27.73	30
32	Mendoza, Anna		American River	6:57	20:30.17	31
33	Openshaw, Jamie		Sacramento	6:58	20:34.35	32
34	Hunter, Sabrina		Merritt	7:01	20:42.88	
35	Thommes, Chelsea		Diablo Valley	7:01	20:43.54	
36	Maldonado, Tiffany		San Jose	7:01	20:44.82	33
37	Phillips, Rebekah		De Anza	7:05	20:56.39	34

38	Moreno, Amanda		Modesto	7:06	20:57.80	35
39	Juarez, Danna		American River	7:10	21:08.60	36
40	Hernandez, Araceli		Sequoias	7:10	21:10.75	
41	Kinaston, Amber		Sierra	7:14	21:21.45	37
42	Tapia, Emilse		Hartnell	7:14	21:23.07	38
43	Jimenez, Jasmine		Modesto	7:15	21:23.97	39
44	Molina, Leticia		Santa Rosa	7:15	21:25.63	40
45	Estrada, Paula		Sacramento	7:17	21:31.59	41
46	Castro, Stephanie		Hartnell	7:18	21:34.54	42
47	Day, Danielle		San Mateo	7:23	21:47.05	
48	Guzman-Duante, Lynelle		West Valley	7:26	21:58.41	
49	Thoma, Stephanie		Santa Rosa	7:30	22:08.23	43
50	Le Beau, Ruth Ann		San Jose	7:31	22:10.99	44
51	Leacox, Monique		American River	7:33	22:18.46	45
52	Rodriguez, Araceli		Fresno	7:35	22:24.48	46
53	Zufelt, Abigail		Shasta	7:38	22:32.15	47
54	Nowack, Erika		San Jose	7:38	22:33.70	48
55	Cano, Stephanie		CCSF	7:39	22:34.42	49
56	Emam-Ghiasi, Sara		CCSF	7:39	22:34.95	50
57	Slagle, Kelsey		American River	7:42	22:44.22	51
58	Gonzalez, Zulema		Modesto	7:43	22:46.81	52
59	Lightfoot, Rebecca		Shasta	7:44	22:49.04	53
60	Vinton, Mia		Fresno	7:48	23:02.38	54
61	Pavon, Margarita		Fresno	7:49	23:05.47	55
62	Willey, Deborah		Redwoods	7:50	23:09.09	56
63	Jungwirth, Katie		Shasta	7:52	23:14.03	57
64	Medina, Priscilla		CCSF	7:52	23:14.52	58
65	Bowen, Tara		Butte	7:54	23:18.49	59
66	Yazdi, Yasamin		De Anza	7:57	23:27.91	60
67	Gray, Jennifer		Diablo Valley	7:59	23:34.18	
68	Kallio, Sara		Butte	8:00	23:37.18	61
69	Schuman, Molly		Santa Rosa	8:01	23:39.07	62
70	Lewis, Addie		Santa Rosa	8:04	23:50.01	63
71	Sheefel, Sarah		Sierra	8:10	24:07.52	64
72	Feoktissova, Ella		Sierra	8:11	24:09.61	65
73	Carrasco, Janette		San Jose	8:12	24:13.50	66
74	Kage, Tiarra		CCSF	8:15	24:21.09	67
75	Lusignan, Lauren		Las Positas	8:24	24:49.04	
76	Alarcon, Georgina		Fresno	8:25	24:51.83	68
77	Martin, Rebekah		Redwoods	8:25	24:52.50	69
78	Neverkovec, Katelyn		Sierra	8:33	25:14.30	70

79	Tovar, Angelica		San Jose	8:39	25:31.82	71
80	Bybee, Delana		Butte	8:39	25:33.14	72
81	Mcperson, Eva		West Hills	8:40	25:36.25	
82	Tiempo, Monserrat		Sacramento	8:42	25:41.79	73
83	Alunan, Ashley		Redwoods	8:46	25:52.88	74
84	Cornell, Morgan		Fresno	9:07	26:54.19	75
85	Ramirez, Cristina		Redwoods	9:13	27:11.77	76
86	Szornel , Agnieszka		Diablo Valley	9:14	27:16.75	
87	Jefferson, Aika		Redwoods	10:32	31:05.60	77