

SBCC Cross Country

Invite

Saturday, October 18, 2008

Times: Open / Coaches Race (3 miles): 10:00 a.m.
(Head Coaches who complete the race receive free tee-shirt)
Women 3 miles – 11:00 a.m.
Men 4 miles – 11:45 a.m.

Location: Leadbetter Beach, Santa Barbara, California

Course: We've returned to the beach course which includes sand, grass and pavement

Scoring: Top 5 score, next two displace for team scoring

Awards: Top 5 in Open race receive tee-shirt
Top 5 in College races receive sweatshirt, next 10 receive tee-shirts

Entry Fees: \$50 per team per gender (\$100 total for men and women's teams)
\$10 for open athletes or for athletes on incomplete teams
Coaches race for free!
Make Checks to: SBCC Cross Country

Entries: Only through Direct Athletics (www.directathletics.com)
Deadline: 5:00 p.m. Monday, October 13, 2008

Directions: *From the South on 101 – Exit at Bath St. Turn left onto Haley St. (1st signal).
Turn left onto Castillo St. (1st signal) Go under the overpass and to Cabrillo Blvd.
Turn Right at Cabrillo Blvd. Name changes to Shoreline Dr. At Loma Alta Drive
turn right and then left again into parking lot #3. Free for school vehicles.
(Race is across Shoreline Dr. Finish line, Women's Start, and check-in are up the
hill at Shoreline Park. Men's Start is below the cliff on the beach)
*From the North on 101 – Exit at Castillo Street and turn right. Follow directions
above to Cabrillo Blvd.

Contact Information:

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