

History of Northern California Community College  
Cross Country Championships

2004- Crystal Springs, Belmont

Men

ARC 20  
Hartnell 116  
CCSF 121  
COS 131  
Modesto 145

Individual

Wambugu(ARC)  
Ramirez(ARC)  
Clarke(LPC)  
Courtney(ARC)  
Sparks(CCSF)

Women

De Anza 98  
Hartnell 105  
CCSF 118  
WVC 137  
DVC 137

Individual

Nelson(Butte)  
Hawkins(Hartnell)  
Walden( De Anza)  
Nelson(ARC)  
Harris(WVC)

2003- Sierra College, Rocklin

Men

ARC 34  
COS 66  
Hartnell 86  
CCSF 109  
DVC 175

Individual

Kitt(Butte)  
Gomez(COS)  
Wambugu(ARC)  
Ramirez(ARC)  
Blanchard(SRJC)

Women

Hartnell 52  
Sac City 100  
DVC 101  
MJC 103  
MPC 115

Individual

Gonzalez(MJC)  
Patton(CSM)  
Harvey(Shasta)  
Aldridge(SRJC)  
Gallup(MPC)

2002- Sierra College, Rocklin

Men

WVC 80  
COS 84  
MJC 113  
CCSF 125  
Hartnell 148

Individual

Ramirez(SJCC)  
Kraemer(WVC)  
Sartor(Shasta)  
Wyant(MJC)  
Hernandez(Hartnell)

Women

Hartnell 74  
MJC 76  
WVC 77  
DVC 94  
COS 115

Individual

Cox(SRJC)  
Goodson(DVC)  
Gonzalez(MJC)  
Roethelisberger(COS)  
Buenrostro(Hartnell)

2001@ Crystal Springs, Belmont

Men

COS 23  
MJC 76  
WVC 136  
SJCC 151  
Hartnell 173

Individual

Macias(COS)  
Arevalo(MJC)  
Gomez(COS)  
Alaniz(SJCC)  
Gonzalez(COS)

Women

Cabrillo 63  
WVC 89  
ARC 106  
DVC 130  
Skyline 137

Individual

Cox(SRJC)  
Peters(Cabrillo)  
Luesing(Skyline)  
Alvarez(MJC)  
Dunlap(WVC)

2000@ Sierra College, Rocklin

Men

Team

COS 30

WVC 74

SJCC 114

Modesto 129

ARC 154

Individual

Macias (COS)

Sanchez(COS)

Palacios(COS)

Balderos(SJCC)

Alaniz(SJCC)

Women

Team

ARC 84

DVC 91

Skyline 93

COS 154

Modesto 158

Individual

Smith(ARC)

Goodson(DVC)

Dunlap(WVC)

Cavender(Mendocino)

Melara(DVC)

1999@ Beau Pre Golf Course, McKinleyville(College of the Redwoods)

Men

Team

COS 54

Sierra 80

Modesto 123

WVC 149

DVC 173

Individual

Turner(COS)

Mills(Sierra)

Estrada(Fresno)

Reimer(ARC)

Alicea(Modesto)

Women

Team

Hartnell 51

Modesto 83

S.J. Delta 145

Fresno 147

De Anza 149

Individual

Lagunas(WVC)

Lenno(Hartnell)

Brambila(COS)

Herandez(Modesto)

Johnson(De Anza)

1998@ Crystal Springs, Belmont

Men

Team

ARC 70

WVC 103

COS 107

Hartnell 141

Chabot 156

Individual

Miramontes(WVC)

Kasahun(Fresno)

Hogan(Modesto)

Braund(Shasta)

Chavez(Hartnell)

Women

Team

ARC 44

Hartnell 58

WVC 63

Sierra 93

Modesto 131

Individual

Schindler(ARC)

Lagunes(WVC)

Vannicola(Chabot)

Lenno(Hartnell)

Argentine(ARC)

1997@ Sierra College, Rocklin

Men

Team

Hartnell 87

WVC 146

American River 159

Santa Rosa 161

Women

Team

WVC 49

American River 91

Santa Rosa 121

Chabot 142

COS 174

Individual

Miramontes(WVC)

Kasahun(Fresno)

Individual

Schindler(ARC)

Schmidt(Cabrillo)

1996@ Shasta College, Redding

Men  
Team  
Hartnell 57  
DVC 89  
Fresno 111  
ARC 112  
Sierra 113

Individual  
Moreno(Hartnell)  
Fernandez(Hartnell)  
Lael(Sac City)  
Wojciechowski(DVC)  
Denogean(SJ Delta)

1995@ Crystal Springs, Belmont

Men  
Team  
Hartnell 52  
COS 89  
WVC 116  
Sierra 119  
Modesto 184

Individual  
Coleman(COS)  
Ramirez(SJ Delta)  
Nunes(COS)  
Granado(Hartnell)  
Moreno(Hartnell)

1994@ Sierra College, Rocklin

Men  
Team  
SJCC 24  
WVC 56  
Hartnell 94  
COS 110  
CSM 176

Individual  
Wilkinson(Hartnell)  
Pinales(SJCC)  
Cervelli(WVC)  
Tademy(SJCC)  
Yohannes(SJCC)

1993@ Shasta College, Redding

Men  
Team  
DVC 58  
WVC 75  
Taft 112  
ARC 139  
Santa Rosa 147

Individual  
Malseed(COS)  
Flores(Hartnell)  
Stephens(DVC)  
Gaston(Santa Rosa)  
Johnston(Taft)

Women  
Team  
Shasta 65  
WVC 87  
SJ Delta 106  
Santa Rosa 159  
COS 167

Individual  
Peacock(Shasta)  
Irwin(Shasta)  
Hernandez(Santa Rosa)  
McCleary(WVC)  
Bleisch(WVC)

Women  
Team  
Shasta 60  
WVC 72  
SJ Delta 89  
ARC 116  
CCSF 162

Individual  
McCleary(WVC)  
Leon(WVC)  
Wilkes(Chabot)  
Brightwell(CCSF)  
Peacock(Shasta)

Women  
Team  
ARC 37  
CCSF 65  
S. J. Delta 135  
WVC 137  
Sierra 141

Individual  
Hawtin(CCSF)  
Ottaway(CCSF)  
Collins(WVC)  
Leal(Fresno)  
Ballard(ARC)

Women  
Team  
American River 68  
CCSF 113  
Santa Rosa 117  
Modesto 118  
WVC 133

1992@ Crystal Springs, Belmont

Men

Team

Hartnell 47

Taft 65

WVC 83

DVC 124

ARC 138

Individual

Marden(CCSF)

Johnston(Taft)

Flores(Hartnell)

Malseed(Porterville)

Bower(Hartnell)

1991@ Sierra College, Rocklin

Men

Team

WVC 75

ARC 84

Cabrillo 117

Hartnell 122

Redwoods 151

Individual

Bishop(Hancock)

Haugen(Redwoods)

Redding(Shasta)

Guardiola(COS)

Zoldak(WVC)

1990@ Shasta College, Redding

Men

Team

ARC 36

WVC 55

Taft 115

DVC 142

Siskiyou 171

Individual

Woods(Hancock)

Rorer(ARC)

Taylor(ARC)

Haugen(Redwoods)

Kopec(WVC)

1989@ Woodward Park, Fresno

Men

Team

ARC 70

Hartnell 94

Hancock 101

WVC 105

Taft 122

Individual

Morley(Hancock)

Woods(Hancock)

Myers(ARC)

White(Hancock)

Woodbury(WVC)

Women

Team

DVC 73

CCSF 85

Modesto 88

Santa Rosa 159

ARC 161

Individual

Hartz(Foothill)

Tacheira(Modesto)

Fetherson(CCSF)

Lopez(CCSF)

O'Neil(DVC)

Women

Team

WVC 69

DVC 108

Merritt 119

Hartnell 138

Foothill 151

Individual

Cleary(Foothill)

Austin(ARC)

Burris(DVC)

Weller(COS)

Fetherston(CCSF)

Women

Team

WVC 73

ARC 84

Santa Rosa 97

COS 99

DVC 118

Individual

Farage(WVC)

Austin(ARC)

Hood(Cosumnes River)

Reading(Santa Rosa)

Barry(SJCC)

Women

Team

WVC 51

ARC 70

Siskiyou 101

Santa Rosa 122

Modesto 123

Individual

Belt(ARC)

Farage(WVC)

Brown(Modesto)

Selich(De Anza)

Seefeldt(ARC)

1988@ Crystal Springs, Belmont

Men  
Team  
Taft 39  
COS 86  
SRJC 106  
WVC 107  
Hancock 133

Individual  
Kersh(Taft)  
Sealy(WVC)  
Townsend(Foothill)  
Gatlin(Taft)  
Sullivan(Hartnell)

1987@ Sierra College, Rocklin

Men  
Team  
WVC 45  
Santa Rosa 91  
San Jose 114  
ARC 132  
Porterville 134

Individual  
Trask(Santa Rosa)  
Kersh(Taft)  
Sealy(WVC)  
Balderas(SJCC)  
Mislick(MPC)

1986@ Gold Hills Golf Course, Redding

Men  
Team  
Taft 77  
WVC 84  
Fresno 103  
Foothill 105  
CSM 139

Individual  
Garrison(Taft)  
Llanez(Fresno)  
Ottaway(Lassen)  
Naranjo(Fresno)  
Hoepker(Foothill)

1985@ Woodward Park, Fresno

Men  
Team  
COS 63  
WVC 80  
MPC 80  
ARC 94  
Foothill 134

Individual  
McGreal(MPC)  
Ottaway(Lassen)  
Kriege(Foothill)  
Green(SJCC)  
Thwala(Porterville)

Women  
Team  
ARC 48  
WVC 63  
Hancock 141  
Shasta 145  
Porterville 157

Individual  
Hanson(Hancock)  
Collens(Shasta)  
Loveall(Hancock)  
Allenby(ARC)  
Evans(Porterville)

Women  
Team  
Modesto 76  
Santa Rosa 100  
ARC 112  
Porterville 126  
Foothill 153

Individual  
Chavez(Modesto)  
Adams(SJCC)  
Cruz(COS)  
McGee(Santa Rosa)  
Fitzgerald(DVC)

Women  
Team  
WVC 83  
Shasta 104  
DVC 123  
SRJC 123  
COS 126

Individual  
Cruz(COS)  
Wendt(WVC)  
Bier(WVC)  
Norton(Taft)  
Tavernier(Sac City)

Women  
Team  
ARC 57  
Foothill 59  
WVC 91  
Shasta 98  
Sierra 114

Individual  
McAfee(Sierra)  
Braisted(Foothill)  
Payton(ARC)  
Bier(WVC)  
Macke(ARC)

1984@ Crystal Springs, Belmont

Men  
Team  
MPC 43  
WVC 67  
Shasta 147  
Chabot 159  
ARC 163

Individual  
Davies(Butte)  
Curran(MPC)  
Green(SJCC)  
Strickland(WVC)  
Bowe(MPC)

1983-No Northern California championship(qualify for state through conference)

1982-No Northern California championship(qualify for state through conference)

1981@ Woodward Park, Fresno

Large School-Men  
Team  
WVC 43  
ARC 60  
San Jose 98  
SJ Delta 145  
De Anza

Individual  
Torres(SJCC)  
Ingram(WVC)  
Kazmierski(CCSF)  
Bernal(WVC)  
Soto(SJCC)

1981(cont)  
Small School-Men  
Team  
Cuesta 56  
Sierra 72  
MPC 80  
Butte 83  
Hartnell 101

Individual  
McKeown(Cuesta)  
Barraza(MPC)  
Magallanes(MPC)  
Armbruster(Cuesta)  
Flores(Butte)

1980@ Sierra College, Rocklin

Large School-Men  
Team  
Fresno 74  
WVC 85  
Porterville 108  
San Jose 116  
ARC 118

Individual  
Williams(WVC)  
Smith(ARC)  
Fransé(SJ Delta)  
Thornton(Fresno)  
Ramirez(Porterville)

Women  
Team  
Foothill 39  
WVC 83  
ARC 118  
SRJC 118  
COS 120

Individual  
Hawkins(MPC)  
Kendrick(Foothill)  
MacAfee(Sierra)  
Mantyen(Foothill)  
Lopez(Hartnell)

Large School-Women  
Team  
ARC 82  
CSM 89  
Canada 109  
Marin 110  
COS 111

Individual  
Wykoff(COS)  
Jungsten(Canada)  
Crisp(Modesto)  
Smyth(SRJC)  
Hicks(CCSF)

Small School-Women  
Team  
Sierra 35  
Butte 38  
Lassen 72  
Cuesta 89  
MPC 134

Individual  
Tibaduiza(Lassen)  
David(Butte)  
Dolan(Shasta)  
Crowley(Sierra)  
Hamer(Sierra)

Large School-Women  
Team  
ARC 40  
SRJC 66  
DVC 98  
WVC 109  
Canada 128

Individual  
Crisp(Modesto)  
Simmie(SRJC)  
Jungsten(Canada)  
Craig(Merritt)  
Negri(ARC)

1980 continued  
Small School-Men  
Team  
MPC 40  
Butte 57  
Hartnell 105  
Cuesta 111  
Sierra 113

Individual  
Barraza(MPC)  
Cyr(Butte)  
Grimes(Cabrillo)  
Magallenes(MPC)  
Higgins(MPC)

1979@ Crystal Springs, Belmont

Large School-Men  
SRJC 77  
SJCC 92  
Marin 96  
COS 103  
ARC 104

Individual  
Hernandez(SJCC)  
Williams(WVC)  
Will(ARC)  
Royal(SRJC)  
Thornton(Fresno)

Small School-Men  
Team  
Butte 43  
Sierra 77  
MPC 93  
Antelope Valley 109  
Cuesta 117

Individual  
Christensen(MPC)  
Fernandez(Siskiyou)  
Devine(Lassen)  
Plaisted(MPC)  
Hofhenke(Butte)

1978@ Crystal Springs, Belmont

Large School-Men  
Team  
WVC 84  
COS 92  
Modesto 102  
ARC 122  
CSM 145

Individual  
Hurst(Modesto)  
Grimes(De Anza)  
Dyer(WVC)  
Holmes(Modesto)  
Brewer(ARC)

Small School-Women  
Team  
Sierra 57  
MPC 58  
Yuba 71  
Lassen 76

Individual  
Trujillo(Hartnell)  
Burkes(Hartnell)  
David(Butte)  
Donat(MPC)  
Keeton(Yuba)

Large School-Women  
WVC 32  
Fresno 96  
SJ Delta 107  
COS 122  
CCSF 128

Individual  
Ortiz-Wycoff(COS)  
Regan(WVC)  
Crowley(SJCC)  
Eberly(WVC)  
Domingues(Fresno)

Small School-Women  
Team  
MPC 31  
Skyline 53  
Hartnell 57  
Butte 103  
Cabrillo 112

Individual  
Peters(MPC)  
Trujillo(Hartnell)  
Burkes(Hartnell)  
Doanat(MPC)  
Williams(Yuba)

Large School-Women  
Team  
WVC 35  
Fresno 89  
Canada 104  
SJCC 114  
Santa Rosa 125

Individual  
Wotherspoon(WVC)  
Perkins(WVC)  
Crowley(SJCC)  
Hester(Fresno)  
Robinson(SJ Delta)

1978 continued  
Small School-Men  
Team  
Sierra 28  
Skyline 76  
MPC 87  
Cuesta 107  
Yuba 111

Individual  
Hitchcock(Sierra)  
Sup(MPC)  
Hamer(Sierra)  
Navarro(Sierra)  
Galligan(Yuba)

1977 @ Sierra College, Rocklin

Large School-Men  
Team  
ARC 37  
CSM 85  
WVC 93  
DVC 117  
Modesto 121

Individual  
Holmes(Modesto)  
Farrell(ARC)  
Mello(CSM)  
Paulin(WVC)  
Brewer(ARC)

Small School-Men  
Team  
MPC 49  
San Jose 54  
Sierra 136  
Solano 155  
Porterville 169

Individual  
Leano(Porterville)  
Navarro(Sierra)  
Fabris(SJCC)  
Minor(MPC)  
Katepa(COS)

1976@ Crystal Springs, Belmont

Large School-Men  
Team  
ARC 39  
San Mateo 98  
Fresno 114  
WVC 121  
S.J. Delta 125

Individual  
Paulin(WVC)  
Hornig(Chabot)  
Hernandez(SRJC)  
Baudendistel(ARC)  
Mebust(ARC)

Small School-Women  
Team  
Yuba 34  
MPC 42  
Shasta 64  
Cabrillo 74

Individual  
Tracey(Antelope Valley)  
Pappas(Yuba)  
Peters(MPC)  
Williams(Yuba)  
Connelly(Skyline)

Large School-Women  
Team  
De Anza 28  
WVC 54  
Fresno 96  
Foothill 99  
Cabrillo 100

Individual  
Wotherspoon(WVC)  
Powers(De Anza)  
Hayner(De Anza)  
Perkins(WVC)  
Taylor(De Anza)

Small School-Women  
Team  
Cuesta 57  
Canada 69  
Sierra 80  
COS 86  
MPC 87

Individual  
Munday(SJCC)  
Fisher(Sierra)  
Cervantes(COS)  
Young(Sierra)  
Mc Carthy(Cuesta)

Small School-Men  
Team  
MPC 74  
Skyline 92  
Solano 112  
SJCC 131  
COS 165

Individual  
Huff(Cuesta)  
Avila(West Hills)  
Dauncey(Lassen)  
Montenegro(SJCC)  
Jones(MPC)

1975@ Woodward Park, Fresno  
Large School-Men  
Team  
SJ Delta 38  
ARC 51  
San Jose 101  
CSM 107  
Santa Rosa 140

Individual  
Perez(SJ Delta)  
Casillas(SJ Delta)  
Dies(ARC)  
Mebust(ARC)  
Tucker(SJ Delta)

1974@ Pebble Beach(MPC)  
Large School-Men  
Team  
S. J. Delta 53  
WVC 66  
SJCC 100  
ARC 111  
Fresno 125

Individual  
Perez(S.J. Delta)  
Sommer(WVC)  
Ramirez(Fresno)  
Quintana(Chabot)  
Green(ARC)

1973@ College of San Mateo campus  
Large School-Men  
Team  
S.J. Delta 84  
SJCC 95  
ARC 112  
DVC 129  
Marin 131

Individual  
Buenrostro(SJ Delta)  
Sommer(WVC)  
Betschart(Sac City)  
Van Slyke(SJ Delta)  
Sweeney(Marin)

1972@ College of San Mateo campus  
Large School-Men  
Team  
ARC 64  
CSM 78  
Fresno 95  
WVC 97  
SJCC 122

Individual  
Van Dine(CSM)  
Hall(Fresno)  
Schaecher(WVC)  
Rodrigues(SJ Delta)  
Griffin(ARC)

Small School-Men  
Team

Individual  
Garcia(COS)  
Hampton(AVC)  
Locey(Marin)  
Garrett(Consumnes)  
Lohse(COS)

Small School-Men  
Team  
De Anza 81  
MPC 98  
Skyline 101  
Foothill 128  
Cosumnes River 168

Individual  
Frederickson(De Anza)  
Caputo(Lassen)  
Hart(Foothill)  
Reime(Cabrillo)  
Lawson(De Anza)

Small School-Men  
Team  
Cabrillo 53  
Skyline 67  
Cosumnes River 91  
MPC 126  
Lassen 143

Individual  
De la Garza(Cabrillo)  
Pelton(MPC)  
McVeigh(Skyline)  
Magallanes(MPC)  
Caputo(Lassen)

Small School-Men  
Team  
MPC 108  
Marin 117  
Lassen 121  
Antelope Valley 135  
Cosumnes River 136

Individual  
Hayes(Laney)  
Flores(Yuba)  
De la Garza(Cabrillo)  
Campbell(COS)  
Pelton(MPC)

1971@ Sierra College, Rocklin  
Large School-Men  
Team  
Fresno 55  
WVC 85  
SJCC 86  
CSM 123  
ARC 145

Individual  
Garcia(SJ Delta)  
Schaecher(WVC)  
Arago(Marin)  
Hall(Fresno)  
Artherholt(Modesto)

1970@ Alan Hancock College, Santa Maria  
Men  
Team  
Fresno 96  
WVC 111  
SJCC 140  
ARC 145  
CSM 148

1969@ Woodward Park, Fresno  
Men  
Team  
CCSF 81  
Chabot 118  
De Anza 131  
ARC 145  
Fresno 146

1968@ Foothill College, Los Altos Hills  
Men  
Team  
CSM 82  
Sac City 103  
ARC 144  
Chabot 156  
CCSF 164

1967@ Woodward Park, Fresno

1966@ Sierra College, Rocklin  
Men  
Team  
Sac City 75  
ARC 83  
Fresno 130  
SJCC 204  
Hancock 227

1965@ American River College, Sacramento  
Men  
Team  
Fresno 36  
Foothill 69  
Sac City 117  
ARC 147  
SJCC 166

Small School-Men  
Team  
Hancock 63  
COS 96  
Solano 112  
MPC 163  
Reedley 165

Individual  
Drechesi(Solano)  
Bravo(COS)  
Lundblad(MPC)  
Mantooth(Ohlone)  
Kesler(Hancock)

Individual  
Bush(SJCC)  
Weaver(ARC)  
DeVoe(WVC)  
Garcia(Hancock)  
Zarate(Hancock)

Individual  
Tracy(CCSF)  
Hernandez(CCSF)  
Baldovinos(SJCC)  
Power(CCSF)  
Sanchez(Porterville)

Individual  
Dailey(CSM)  
Dawson(CSM)  
Baldovinos(SJCC)  
Haza(CCSF)  
Hanson(ARC)

Individual  
Williams(Hartnell)  
Hamblen(Sac City)  
Green(ARC)  
Lydon(CSM)  
Santos(Fresno)

Individual  
Mahon(Foothill)  
August(ARC)  
Stocks(Fresno)  
Garcia(Fresno)  
Sandoval(SJCC)