

2010 CAPITAL CLASSIC RELAYS MEET SCHEDULE

FIELD EVENTS: Saturday, February 27, 2010

HIGH SCHOOL

10:00 a.m.	Pole Vault	(Girls)
10:00 a.m.	Shot Put	(Boys)
10:00 a.m.	Discus	(Girls)
10:00 a.m.	Long Jump	(Boys)
10:00 a.m.	High Jump	(Girls)
1:00 p.m.	Pole Vault	(Boys)
1:00 p.m.	Shot Put	(Girls)
1:00 p.m.	Discus	(Boys)
1:00 p.m.	Long Jump	(Girls)
1:00 p.m.	High Jump	(Boys)

RUNNING EVENTS: Saturday, February 27, 2010

HIGH SCHOOL

10:00 a.m.	100m Hurdles	(Girls)	
10:15 a.m.	110m High Hurdles	(JV Boys)	
10:20 a.m.	110m High Hurdles	(Boys)	
10:30 a.m.	1600m	(Girls)	
10:40 a.m.	1600m	(JV Boys)	
10:50 a.m.	1600m	(Boys)	
11:00 a.m.	4 x 100m Relay	(JV Girls)	
11:10 a.m.	4 x 100m Relay	(JV Boys)	
11:25 a.m.	4 x 100m Relay	(Girls)	
11:35 a.m.	4 x 100m Relay	(Boys)	
11:45 a.m.	DMR	(JV Boys)	(1200-400-800-1600)
12:05 a.m.	DMR	(Girls)	(1200-400-800-1600)
12:25 a.m.	DMR	(Boys)	(1200-400-800-1600)
12:35 p.m.	100m	(JV Girls)	
12:45 p.m.	100m	(JV Boys)	
12:55 p.m.	100m	(Girls)	
1:05 p.m.	100m	(Boys)	
1:15 p.m.	400m	(JV Girls)	
1:25 p.m.	400m	(JV Boys)	
1:40 p.m.	400m	(Girls)	
1:55 p.m.	400m	(Boys)	
2:10 p.m.	4 x 800m Relay	(JV Boys)	
2:30 p.m.	4 x 800m Relay	(Girls)	
2:50 p.m.	4 x 800m Relay	(Boys)	
3:10 p.m.	200m	(JV Girls)	
3:20 p.m.	200m	(JV Boys)	
3:30 p.m.	200m	(Girls)	
3:40 p.m.	200m	(Boys)	
3:50 p.m.	Sprint Medley Relay	(JV Boys)	(100-100-200-400)
4:05 p.m.	Sprint Medley Relay	(Girls)	(100-100-200-400)
4:20 p.m.	Sprint Medley Relay	(Boys)	(100-100-200-400)
4:35 p.m.	4 x 400m Relay	(JV Girls)	
4:50 p.m.	4 x 400m Relay	(JV Boys)	
5:05 p.m.	4 x 400m Relay	(Girls)	
5:20 p.m.	4 x 400m Relay	(Boys)	

