

# 2010 Maurice Compton Invitational

## MEET INFORMATION

**Date:** Saturday, April 17, 2010

**Site:** Merritt College, Oakland, CA

**Entry Fee:** \$10.00 per event per athlete with a maximum \$150.00 per gender per team. Cash or make checks payable to Merritt College Track and Field Acct 201

**Entries:** Use directathletics.com Deadline is Wednesday, April 14 at 7pm. No late additions. Please enter marks from this season only! Marks will be reviewed for verification.

**Track Surface/Spike Requirements:** Mondo surface. 5mm or 3/16th inch or smaller ceramic pyramid or xmas tree spikes. NO PIN OR NEEDLE SPIKES. We did suffer some damage at last year's meet and will strictly enforce the spike type/length rule this year. A limited number of acceptable spikes will be available the day of the meet. Please understand and respect this rule. The recommended spike not only protects the track surface but will maximize athletic performance.

**SHOT/DISCUS/HAMMER:** Brushed concrete on the lower 'throws' fields

**JAVELIN:** All JT will take place on the lower field using a natural grass approach surface.

Practice and warm-ups must be done in the sector ONLY.

**Starting Heights:** Will be determined on the day of the meet.

**Attempts:** In the horizontal jumps and throwing events there will be 4 attempts.

**Time:** The field events will start at 11am and the running events begin at noon.

**Weigh-ins:** Will be held from 10am to 12pm.

**Awards:** medals will be awarded to the top 3 finishers in each event and to 1st place in the relays.

**T-Shirts:** Grey Merritt College Track and Field T-Shirts will be on sale for \$8.00

**Trainer:** There will be a trainer on site. Please bring your own supplies for taping.

**Dressing Facilities:** Men's and women's locker facilities are available at Merritt. Bring your own towels and provide for the protection of your valuables.

**Parking:** Parking is available adjacent to the stadium. Enter through the SW stadium gate.

**Spectator entry fee:** \$3

**Concessions:** There will be a stand on site offering reasonably priced food and beverages.

**Additional:** If you have any questions, please contact Brock Drazen at (510) 219-3207 or email information to: [HYPERLINK "mailto:bdrazen@peralta.edu"](mailto:bdrazen@peralta.edu)  
[bdrazen@peralta.edu](mailto:bdrazen@peralta.edu).