

**Maurice Compton Invitational  
Merritt College  
Saturday, April 17, 2010**

**Running Events**

12:00 W 3000m Steeplechase  
Hammer  
12:20 M 3000m Steeplechase  
12:40 W 4x100m Relay  
12:50 M 4x100m Relay  
1:00 W 1500m Run  
1:15 M 1500m Run  
1:30 W 100m Hurdles  
1:40 M 110m Hurdles  
1:55 W 400m Dash  
2:05 M 400m Dash  
2:30 W 100m Dash  
2:40 M 100m Dash  
3:05 W 800m Run  
Ham  
3:20 M 800m Run  
3:40 W 400m Hurdles  
3:55 M 400m Hurdles  
shot  
4:10 W 200m Dash  
4:25 M 200m Dash  
4:50 W 5000m Run  
5:15 M 5000m Run  
5:40 W 4x400m Relay  
5:50 M 4x400m Relay

Sunset = 7:47pm

All entries done through HYPERLINK "<http://WWW.DIRECTATHLETICS.COM>"  
[WWW.DIRECTATHLETICS.COM](http://WWW.DIRECTATHLETICS.COM).

**NO LATE ENTRIES ON MEET DAY.**

Entry deadline is 7:00pm Wednesday, April 14, 2010.

\*\*\*check norcalstat.com the week of the meet for minor event schedule changes based on entries

**Field Events- Women**

10:00 Hammer followed by Men's  
  
11:00 Pole Vault  
11:00 Javelin  
1:00 Long Jump following Men's LJ  
1:00 High Jump  
1:00 Shot Put  
2:00 Discus approx following Men's Hammer  
3:00 Triple Jump approx following Men's LJ

**Men**

11:00 Long Jump followed by Women LJ  
12:00 Hammer approx following Women  
  
12:30 Pole Vault  
1:00 Javelin approx following Women javelin  
3:00 Shot Put approx following Women's  
  
3:30 High Jump  
4:00 Discus approx following Women discus  
4:30 Triple Jump approx following Women's TJ

