

# SHASTA COLLEGE ROTATIONAL MEET INFORMATION

**Date:** Friday, February 15<sup>th</sup>, 2008

**Site:** Shasta College

**Entries:** Use Direct Athletics – Deadline is Wednesday, February 13<sup>th</sup> at 7:00pm

**Check-in:** Athletes entered in track events need to check in at least 20 minutes prior to their event at the clerks table located near the start to the 100M. Field event athlete's need to check in at their event site.

## Meet Schedule

### Running Events

2:00 4 x100M (W)  
2:05 4 x 100M (M)  
2:10 1,500M (W)  
2:20 1,500M (M)  
2:30 100H (W)  
2:35 110H (M)  
2:45 400M (W)  
2:55 400M (M)  
3:05 100M (W)  
3:10 100M (M)  
3:20 800M (W)  
3:25 800M (M)  
3:40 400H (W)  
3:50 400H (M)  
4:05 200M (W)  
4:10 200M (M)  
4:20 3,000M (W)  
4:35 3,000M (M)  
4:50 4x400M (W)  
5:00 4x400M (M)

### Field Events

2:00 Women's Hammer; Men to follow  
2:00 Men's Javelin; Women to follow  
2:00 Men's Shot Put; Women's Shot Put  
2:00 Long Jump (open pit M & W)  
2:00 Women's High Jump; Men to follow  
2:00 Men's Pole Vault; Women to follow  
3:30 Triple Jump (open pit M & W)  
3:30 Women's Discus; Men to follow  
\* 4 attempts in the horizontal jumps and  
throwing events.  
\*90 minute open pit the horizontal jumps

**Contact:** Coach Aaron Junta, [ajunta@shastacollege.edu](mailto:ajunta@shastacollege.edu); 530.410-5890