



2010 CSU Stanislaus Kim Duyst Invitational Saturday, March 6, 2010

Warrior Stadium and Al Brenda Track, CSU Stanislaus-Turlock

The following information is provided as a lead up to the Kim Duyst Invitational hosted by CSU Stanislaus. Please be sure to periodically check back at www.warriorathletics.com for updated information prior to the meet.

Facility Specifications:

The Al Brenda track features a newly installed full-pour Rekortan M99 polyurethane eight-lane track with polyurethane runways and javelin approach. Only **quarter inch (1/4") spikes** or smaller with no stacked spikes on these surfaces.

Long and Triple Jump runways: north-south direction, 228 feet in length; removable wooden boards are placed at: west pit: 10 ft., 38 ft., and 44 ft; east pit: 8 ft., 35 ft., 40-08 ft.

Pole Vault runways: changeable to either north south direction, 140 feet in length

Javelin runway: throwing north, 133 feet in length

Steeple Approach: infield approach adjacent to 200m start.

Shot Put and Discus: Warrior stadium features brushed concrete discus and shot rings in both the stadium and west field behind the bleachers.

Hammer Throw: brushed concrete ring located in the west field

Event Schedule: Field events begin at 9:00am, with track events at 11:00am. Refer to attached schedule for event order.

Competitors will be afforded four (4) throws and horizontal jump attempts. Track events will be timed finals with heats seeded by entry mark.

Performance Lists:

Performance lists for this meet will be posted Thursday after 9:00pm at: www.warriorathletics.com, and then click on either Women's or Men's track and field on the left.

Entering athletes into the meet:

Please utilize the entry procedures on the www.DirectAthletics.com website. Entries close on Wednesday, 3 March at 6:00pm. For your records, make sure you make a 'printable copy' of your entries before you log-off. Entries not posted by this time are not entered into the meet. You may only make last-minute scratches upon arrival at the meet. Please note that NCCA rule 4.1 prohibiting the use of false marks for entry purposes will be followed.

Entry Fees:

Entry fee is \$15.00 per athlete up to four (4) events; and \$20.00 per relay team. Collegiate team entry fee is \$150.00 per team, per gender (\$300.00 max). Entry fees must be paid upon check-in. Payment or proof of purchase order is necessary to compete. Please make checks payable to: CSU Stanislaus Track and Field.

Restrooms and Changing Facilities:

Restrooms are located behind the stands. There are locker rooms located 300m south-west of the stadium in the Warrior Arena. Please supply your own towel, soap and lock. CSU Stanislaus is not responsible for your valuables left in the locker rooms or in the stadium.

Continue on next page...

Parking:

Parking is available throughout the campus on Saturdays free of charge. We ask that school vans and buses pick-up and drop off at the SW corner of the stadium and park beyond the baseball diamond further west.

Athletic Trainer:

The CSU Stanislaus trainer Gary Hogan will have limited training services available at the meet for any ice or emergency care that your athletes may require. Please supply your own tape for any routine taping treatments. For any specific concerns, please contact Gary directly at 209.667-3415.

Concessions:

Concessions are scheduled to be open during this meet for your convenience.

Further information:

If you require further information, please contact assistant coach Sally Roberts at sroberts@csustan.edu, or office: 209.667-3716.

We look forward to hosting you at CSU Stanislaus!



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Meet Schedule

Track Events

11:00am start time with rolling schedule.

Women's 3000 Meter Steeplechase
Men's 3000 Meter Steeplechase
Women's 4x100 Meter Relay
Men's 4x100 Meter Relay
Women's 1500m Run
Men's 1500m Run
Women's 100 Meter Hurdles
Men's 110 Meter Hurdles
Women's 400 Meter Dash
Men's 400 Meter Dash
Women's 100 Meter Dash
Men's 100 Meter Dash
Women's 800 Meter Dash
Men's 800 Meter Dash
Women's 400 Meter Hurdles
Men's 400 Meter Hurdles
Women's 200 Meter Dash
Men's 200 Meter Dash
Women's 5000 Meter Run
Men's 5000 Meter Run
Women's 4x400 Meter Relay
Men's 4x400 Meter Relay

Field Events

After 9:00am start time, all subsequent field events will follow a rolling schedule in event order noted below. Subsequent times are to serve only as a guide.

9:00am

Women's Hammer Throw
Men's Javelin Throw
Women's Long Jump

11:00am

Men's Hammer Throw
Women's Javelin Throw
Men's Long Jump
Women's Pole Vault

1:00pm

Men's Shot Put
Women's Discus Throw
Women's Triple Jump
Women's High Jump
Men's Pole Vault

3:00pm

Men's Triple Jump
Men's High Jump
Men's Discus Throw
Women's Shot Put