

# Nor-Cal Conference Representative Spring Meeting Minutes

***Sunday, 27 April, 2008 at College of San Mateo Press Box***

***In attendance:*** Coast Conference: Joe Mangan (CSM), Chris Zepeda(Hartnell); Big 8 Conference: Rick Anderson(ARC), Lisa Baudiun(SCC), Dan Cruz (DVC), Ron Whitney (SRJC); Central Valley Conference: Gary Bluth(FCC), Dave Bronzan(COS), Golden Valley Conference: Aaron Junta(Shasta), Robbie Snelling(Butte), Dave Shrock(Nor-Cal Secretary), Bob Rush (Nor-Cal Statistician), Fred Bear (CCCAA Rep.) ***Excused:*** Sean Laughlin(CCSF) ***Absent without substitute:*** Nick Mattis (DeAnza) ***Guests:*** Brock Drazen (Merritt), Demetrius Snaer (MJC).

**10:05am meeting called to order by Nor-Cal Cross Country Chair Gary Bluth.**

## **I. Cross Country**

1. Confirmation of all 2008 invitational dates **discussed with updated calendar attached.**
2. Nor-Cal championships info: **Meet Manager Aaron Junta of Shasta stated that the start will be modified, and the Nor-Cal Champs will be held on Saturday, 8 November. Further information will be forthcoming.**
3. State championship site rotation: **FCC Coach Gary Bluth requested that Woodward Park be awarded the state meet site (Northern Region) in 2009. The concern was that if we give up our traditional November date in 2009, we may lose it to a newly founded BMX bicycle competition group. A BMX course is currently being completed adjacent to our cross country course and there would be very serious safety concerns if we tried to run a cross country championships on the same date as a BMX competition. Passed unanimously.**
4. Selection of 2009 Nor-Cal meet site: **Crystal Springs selected for 2009 unanimously.**

## **II. Track and Field**

1. **3 year calendar for post conference competition sites was determined:**

| <b>Meet</b>                      | <b>2009</b>     | <b>2010</b>     | <b>2011</b>                        |
|----------------------------------|-----------------|-----------------|------------------------------------|
| Nor-Cal Champs.<br>Cross Country | Crystal Springs |                 |                                    |
| State Champs.<br>Cross Country   | Fresno          | Fresno          | southern site                      |
| Multi Events                     | Santa Rosa      | American River  | San Mateo                          |
| Nor-Cal Trials                   | Diablo Valley   | Laney           | Modesto                            |
| Nor-Cal Finals                   | Diablo Valley   | American River  | Shasta                             |
| State Meet                       | San Mateo       | Antelope Valley | American River<br>Fresno-alternate |

2. Determine dates for 2009 invitational meets: **a calendar was passed around, with the tentative schedule attached.**

3. Sending a representative to Pacific Assoc. T&F scheduling meeting at Div I regional meet (*Woodland Hills*) on Friday, 30 May: **Fred Baer volunteered, as he will most likely be attending that meeting.**

### **III. Procedures-rules discussion**

4. Reiteration of decorum and unsportsman rules for post-season competition. **The Nor-Cal Committee noted that we are often under officiated during the regular season, and we must do a better job of educating our athletes and new coaches on following our rules. This requires a consistent application of those rules throughout the entire season. Passed unanimously**

5. Post season meet officiating: assignments of coaches at relay zones, lane lines, and/or hurdle trail leg judges, etc. **Nor-Cal Trials information: Turn 1: Coast; Turn 2: Big 8; Turn 3: CVC and GVC conferences.**

6. Measuring metrically and announcing imperially at meets: **This helps with more accurate recording of marks. Passed unanimously.**

7. Discussion on using 3 attempts for all competitors, then a 4<sup>th</sup> attempt for the top 8, a 5<sup>th</sup> attempt for the top 4, and a 6<sup>th</sup> attempt for the top 2. **Decision was to leave this up to meet management.**

8. Discussion on making the payment of entry fees mandatory prior to the start of competition during the regular season, not just during the post season. **Decision was to leave this up to meet management.**

9. Discussion on the measurement of the javelin during the Nor-Cal Multi-Events Championships. **The decision was to follow strictly the current NCAA rules. Passed unanimously.**

10. Consequences of scratching out of the Nor-Cal Mutli-Event Championships. **Determined that the Nor-Cal Multi event champs, Nor-Cal Trials, and Nor-Cal Finals are three separate events, and scratching out of one event does not disallow competitors from participating in future post-season events. Passed unanimously.**

11. Discussion of problems associated with the use of Direct Athletics and possible solutions. **Secretary Shrock will send an e-mail to all Nor-Cal coaches asking for specific examples of problems encountered.**

12. Update regarding having unattached athletes participate in CC administered meets **We are still awaiting clarification from CCCAA Commissioner Carlyle Carter.**

### **IV. Hall of Fame**

Current Athlete List: Ato Bolden, Stacey Dragilia, James Robinson, Tyke Peacock,

Current Coach List: Jerry Engvall(Sequoias), Joe Barba(Sequoias), Bob Lanza(Sac City)

**Please get additional nominations to Joe Mangan ASAP.**

Discussion on funding for inductees: **Item tabled, until current Nor-Cal Account balance is determined.**

### **V. 5CTCA December General Meeting**

**Fred Baer suggested to the Committee to move our Las Vegas 3CTCA Meeting one week earlier to December 4-6 in Reno, in conjunction with the National JC coaches Association and USATF meetings. Baer noted that he could get accommodations for \$60.00 at CircusCircus and free meeting rooms. No further discussion on this proposal ensued.**

**For future discussion:** Mentoring of new coaches

**1:39pm: Meeting adjourned by Nor-Cal T&F Chair Joe Mangan**

***Minutes respectfully submitted by Nor-Cal Secretary Dave Shrock***