

# Nor-Cal Conference Reps. Meeting Minutes

## Spring Meeting- 13 January, 2004 – American River College

**In attendance:** **BVC:** Rick Anderson, Lisa Bauduin, Dan Cruz; Ron Whitney. **CC:** Joe Mangan, Curtiss Smith, **CVC:** Dave Bronzan, Gary Bluth, **GVC:** absent. Dave Shrock-Nor-Cal Secretary, Bob Rush-coach emeritus

**T&F portion of meeting called to order by T&F Chair Joe Mangan at 10:10am**

### **Athletic Director's meeting recap:**

Jean Snuggs (ARC) reported that the state budget crisis will probably not improve during the next two years, which means an indefinite continuation of the current COA fiscal mandates.

### **Discussion of Southern California issues:**

This discussion was held in preparation for telecast 5CTCA meeting to be held on Friday, 30 January. The Nor-Cal site is American River College.

The So-Cal Rules Committee has proposed altering the current COA qualifying mandates for post-season competition. Regarding T & F, advancing the best fifth place finisher from either the North or the South Regional Meet to the State T&F Championships in all events. In terms of cross country, the South has proposed increasing the number of teams they may advance to the State Champs, from 10 to 12. In addition, if the North did not have eight qualifying teams, the South would provide the additional teams to fill the field to the proposed total of 20 teams.

The Nor-Cal Rules Committee responded with the following statement:

'Due to the current financial crisis, the Nor-Cal Rules Committee supports the current COA post-conference qualifying mandates in regards to XC – T&F'.

Complete So-Cal information may be obtained at: [www.socalxctrac.net](http://www.socalxctrac.net).

### **Treasurer's Report:**

There is a balance of \$2,771.75 in the account. Bob Rush mentioned that we should be careful not to let the balance drop below the DirectAthletics annual service fee.

### **Nor-Cal Post Season Competition sites:**

<b>2004</b>	<b>2005</b>
<b>Combined Events:</b> Fresno City College <b>Nor-Cal Trials:</b> American River College <b>Nor-Cal Finals:</b> Modesto JC <b>State Meet:</b> Bakersfield College <b>Nor-Cal Cross Country Champs.:</b> Crystal Springs	<b>Combined Events:</b> Diablo Valley College <b>Nor-Cal Trials:</b> College of San Mateo <b>Nor-Cal Finals:</b> Modesto JC <b>State Meet:</b> American River College <b>Nor-Cal Cross Country Champs.:</b> T.B.A.
<b>2006</b> <b>Combined Events:</b> American River College <b>Nor-Cal Trials:</b> T.B.A. <b>Nor-Cal Finals:</b> Modesto JC ( <i>tentative</i> ) <b>State Meet:</b> Southern California	

Colleges interested in hosting the 2006 trials should contact Joe [Mangan@kkmchm](mailto:Mangan@kkmchm)

### **Nor-Cal T&F Standards:**

Curtiss Smith presented the 2004 Nor-Cal standards for final review that are posted at: [www.norcalstat.com](http://www.norcalstat.com). In terms of the combined events: 2100 points in four events for the Women's Heptathlon and 4100 in eight events for the Men's Decathlon are now the Nor-Cal minimum marks to fill the fields to twelve competitors.

**NOTE: In all other events only 24 contestants will qualify to the Trials this year regardless of mark**

### **New rule changes effective 2004:**

Refer to attached sheet, and the updated NCAA rulebook available from NCAA publications: [www.ncca.org](http://www.ncca.org). It was once again emphasized by Bob Rush that all coaches must instruct their athletes not to remove speedsuit straps, or other uniform tops while in the area of competition.

### **Nor-Cal Rotational Schedule:**

The Nor-Cal rotational schedule is posted on [www.norcalstat.com](http://www.norcalstat.com).

- **Responsibilities of host colleges:**

**Automatic timing:** A concern was raised regarding the use of hand times in lane events. Last year, the Nor-Cal Rules Committee adopted a position that beginning in 2004, no hand times would not be allowed for Nor-Cal rankings.

If an automatic timing system fails, all hand times in lane events must be submitted to Joe Mangan and approved a Nor-Cal Rules Sub-Committee (*at least one representative from each conference*) before those marks can be posted on Direct Athletics and used for Nor-Cal rankings. Adopted by the Nor-Cal Rules Committee at the Fall'03 meeting.

- **\$200.00 meet administration fee:** With the adoption of required electronic timing, it was noted that this led to an additional financial burden to host colleges. To rectify this problem, it was proposed and passed by a vote of 8-0 that an additional \$20.00 fee per sport (*\$80.00 per college that fielded men's and women's track and cross country teams*), be added to each college's annual Nor-Cal Dues. The sum of \$200.00 will then be provided to each college that hosts a Nor-Cal Rotational Meet, to help defray their meet administration costs. Each college is responsible for invoicing Nor-Cal Secretary Sean Laughlin for this administration fee.
- It was noted that every visiting college should be aware that they might be asked to help officiate.

### **DirectAthletics meet entry website:**

Administrator Bob Rush noted that the site has been modified to make team roster posting and meet entry more user friendly. Be sure to post your roster as soon as possible, and if you have any difficulties, contact Bob Rush at: [rushruner@aol.com](mailto:rushruner@aol.com), or Sean Laughlin at: [ramtrack@aol.com](mailto:ramtrack@aol.com).

### **Post Season Competition Information:**

**Combined Events:** Information will be posted soon at [www.nor-calstat.com](http://www.nor-calstat.com).

**Nor-Cal Trials:** Rick Anderson submitted two versions of schedule for review, with a compromise schedule reached which will be posted at [www.norcalstat.com](http://www.norcalstat.com).

Note that the Women's and Men's javelin finals will now be contested during the trials held at ARC.

**Nor-Cal Finals:** The JC Meet headquarters will be the Day's Inn on McHenry. 800.843-6633. Schedule to be posted soon on the [www.norcalstat.com](http://www.norcalstat.com).

**State Meet:** The meet will be hosted at Bakersfield College, with the Women's and Men's 10km plus Day 1 of the combined events being contested on Friday, 14 May. The remaining events will be scheduled to occur on Saturday, 15 May. When available, the schedule will be posted on [www.norcalstat.com](http://www.norcalstat.com).

### **Coach and Athlete Hall of Fame:**

For coach or athlete nominations, all names must be submitted to Joe Mangan by, or at the Beaver Relays, and then inductees will be determined by a committee comprised of Joe Mangan, Jean Snuggs, and Gary Bluth. All

non-elected nominations carry over to the following year. Athletes previously nominated are: Stacey Dragila(*Yuba*), Eddie Hart (*Contra Costa*), and Tyke Peacock(*Modesto*)

**Post Season Entry Procedure and penalties for late entries:**

In light of last year's problems incurred by some colleges to enter their athletes into the Nor-Cal T&F Trials by the posted deadline, the Nor-Cal Rules Committee passed the following late fee penalty structure: \$100.00 per athlete/event for the first athlete, and \$50.00 per athlete/event thereafter up to the maximum of \$500.00.

Note: Payment of a fine does not mean automatic advancement to the Nor-Cal Trials. There must also be adequate space to allow an athlete(s) entry in the meet without any disruption of the meet time schedule

All coaches should keep a printed receipt of all entries made through Direct Athletics for all meets.

**Nor-Cal Trials Seeding Meeting:** Sunday, 25 April at Diablo Valley College. Pleasant Hill, beginning at 10:00am.

***CC portion of meeting called to order by T&F Chair Gary Bluth at 12:45***

**Qualifying for Nor-Cal Cross Country Championships:** Bluth noted that there is currently a problem with our qualifying procedure. The best teams are not necessarily advancing from the Conference Championship Meets to the Nor-Cal Championships.

**Teams:** Bluth suggested that each conference champion would automatically qualify to the Nor-Cal Champs. If a conference has six or more teams, then the top two teams would then automatically qualify. An at-large sub-committee, comprised of a representative from each conference, would then select the remaining qualifying teams up to a maximum of twelve teams.

**Individuals:** Currently, one individual is allowed to qualify for each team that qualifies from a Conference Championship Meet to the Nor-Cal Champs. One suggestion is to double the number of individuals from the number of qualifying teams, providing they place in the top 50% of all finishers. A second suggestion was to select individuals on at-large basis by the Nor-Cal Rules Post Season Sub-Committee. These items were sent back to the Conference level to be further discussed.

**2004 Scheduling:** The first draft of the schedule was formulated and attached to these minutes. Note that this schedule is a work in progress, and all coaches with changes or additions should contact Gary Bluth ASAP at [gofaster@comcast.net](mailto:gofaster@comcast.net).

***Meeting adjourned at 1:47 pm.***

## Major Rule Changes in the NCCA and Community College Track and Field *effective spring of 2004*

**Pole vault peg length:** The correct length of the pegs supporting the pole vault cross bar should not be longer than 55mm (2.17 inches).

**Javelin legal throw:** A legal throw may now include any attempt in which any part of the implement makes first contact with in the legal sector. (This is a broader interpretation than only tip first.)

**Discus, Shot Put and Hammer sector:** The sector boundaries have been reduced to a 34.92 degree angle extended for the center of the circle. This is a reduction from 40 degrees, which is still in effect for high schools.

*Other major rules changes are listed below in the order in which the change will appear in the 2004 rules book. Notations specific to community college competition have been added in italics.*

- **In Rule 1-3-7**, all references to the 10-foot hurdle at the steeplechase water jump will be eliminated.
- **In Rule 1-5-1**, indicated that the vaulting box in which the vaulting pole is planted shall be constructed of suitable rigid materials.
- **In Rule 3-5-2**, the referee(s) now has the authority to act upon all apparent violations of the rules that he observes in meets in which a games committee has been established.
- **In Rule 4-1-2**, athletes must participate honestly in the finals of all events in which they are legally declared and qualified, and in which such participation is a criteria for entry in a subsequent meet.  
**Note:** *There will be further discussion on this rule as it pertains to California Com. College competition.*
- **In Rule 4-2-1**, any outer garment (for example, sweat pants, tights) that is school-issued becomes the official uniform. *Note that community college competitors must have some form of identification on their competition singlet, i.e. school name, mascot name, school emblem or logo.*
- **Also in Rule 4-2-1**, the use of, or wearing of, artificial noisemakers by competitors is now prohibited.
- **In Rule 4-2-3**, the primary color of any one-piece body suits worn by members of a relay team must be the same as the primary color of the top of those members not wearing one-piece body suits. The members may wear pants, shorts or briefs that must be the same color. The length of one-piece body suits, if worn, may vary.
- **In Rules 5-5-4 and 6-1-7**, the use by competitors of video or audio devices, radio transmitters or receivers, mobile phones, computers, or any similar devices in the competition area is now prohibited.
- **In Rule 5-11-9-d**, the following sentence was added: "If there are four or more heats, the heat winner shall advance and all other qualifiers shall advance on the basis of time."
- **In Rule 5-11-9-g**, if preliminaries are run in the 1,500-, 3,000- or 5,000-meter runs, or the 3,000-meter steeplechase, the maximum number that may qualify for finals would be 12 in the 1,500, 14 in the 3,000 run and steeplechase, and 16 in the 5,000. *However, it should be noted that in the Nor-Cal trials and finals, the games committee can determine the number of competitors in these events.*
- **In Rule 6-1-18**, the field-event judge and meet referee may suspend competition in the event of unsafe wind conditions once competition has begun but the event venue (for example, direction of jumping) shall not be changed.

#### **NCAA rule changes for spring 2004, page two**

- **Rule 6-1-19** was added. It will be titled Safety Considerations and will state: "It is the responsibility of the field-event judge and meet referee to ensure fair and safe competition. In the event of unsafe conditions once competition has begun (for example, weather or facility concerns), competition may be suspended but the event venue (for example, direction of jumping) shall not be changed." Rule 6-1-19 from the 2003 rules book will become Rule 6-1-20.

- **In Rule 6-4-1**, assignment to flights in field events may be random or based on entry performances. The games committee for each competition shall determine the order in which flights are contested.
- **In Rule 9-2-6**, the hurdles races in the combined events may be run in alternate or consecutive lanes as determined by the games committee.
- **In Rule 10-4-2**, when the 800- and 1,000-meter runs, and the 3,200-meter relay, is contested indoors on tracks of more than 200 meters/220 yards, a one-turn stagger shall be used.
- **In Rule 10-5-1**, the following races may be run in single-round timed-section finals or with preliminaries and finals with advancement based on time only: the 200-, 300-, 400-, 500- and 600-meter runs, and the 800- and 1,600-meter relays.
- **In Rule 10-5-1-a**, the seeding procedure explained in the rule is the only one to be used in preliminary rounds that have advancement to finals based on time.
- **Rule 10-5-1-c** was added. It will state: "In single-round timed-section finals, the sections shall be seeded slow to fast, and shall compete in the same order."