

Nor-Cal Summer Coaches Meeting Minutes

14 August, 2004 – American River College

In attendance: **BVC:** Rick Anderson, Marisa Avendano, Lisa Bauduin, Rob Dewar, Jeanette Powless. **CC:** Joe Mangan, Gary Shaw. **CVC:** Gary Bluth, Mary Shea. **GVC:** absent. COA Cross Country Rep: Lefty Olquinn (Mendocino), Dave Shrock-Nor-Cal Secretary

Nor-Cal rotational schedule maker: Dan Cruz of DVC will take over for Ron Richardson

Nor-Cal standards: Curtiss Smith of DeAñza will continue in this capacity

Reconferencing: A proposal was discussed regarding the splitting of the BVC into a large and small school division with Modesto JC joining the large college division. This could ultimately lead to the hosting of the CVC and GVC into the two divisions of the BVC. Chair Gary Bluth noted that we need to develop various reconferencing options. The CVC currently has only three teams competing in Cross Country for the Fall 2004 season.

Future post-season venues:

2005	2006	2007
Combined Events: t.b.a. T&F Trials: San Mateo T&F Finals: Modesto T&F State Meet: ARC	Combined Events: t.b.a. T&F Trials: t.b.a. T&F Finals: Modesto T&F State Meet: Cerritos <i>alternate:</i> Bakersfield	Combined Events: t.b.a. T&F Trials: t.b.a. T&F Finals: Modesto T&F State Meet: San Mateo
Nor-Cal XC Champs: Crystal Sprs.	Nor-Cal XC Champs: t.b.a.	Nor-Cal XC Champs: t.b.a.

Nor-Cal T&F qualifying to the T&F trials: It was proposed and voted on unanimously to advance the top 24 competitors in each event to the trials from this season onwards. This procedure falls within the COA guideline of having 40% of the participants advance into post-season play.

Nor-Cal Finals at Modesto recap: Chair Joe Mangan stated that primary feed back was positive from the '04 meet, and suggested that the Nor-Cals return to a two day format with the 5,000's and some field events contested on the Friday evening. Mangan further mentioned how Relays Meet Director Gregg Miller stated that he was proposing to taper back the number of sections of open/invitational events. It was noted that at the post-meet athlete's BBQ, the organizers ran out of food.

Uniform rule: It was noted that we need to be sure to implement the current uniform rule early on during the season so that coaches and athletes can make uniform adjustments without the risk of disqualification in post-season competitions. Coaches are reminded that all uniforms are required to have a team or logo on the uniform top.

Fall Nor-Cal Reps. meeting: Scheduled for Tuesday, 28 Sept. from 10:00-2:00 at the ARC Ranch House. All Nor-Cal Reps are asked to bring forward any items of importance from their conference meeting to this bi-annual meeting.

Meeting adjourned at 11:55 AM to begin state association tele-conference.