

Date	Event	Age Group		Type	# of Athletes	Flights / Heats	Misc	Weight	
5-Aug	Hammer Throw	W 90+	8:00 AM	Finals	1	comb	75+	3kg	
Day 1	Hammer Throw	W 85 - 89	8:00 AM	Finals	3	comb	75+	3kg	
65+	Hammer Throw	W 80 - 84	8:00 AM	Finals	1	comb	75+	3kg	
	Hammer Throw	W 75 - 79	8:00 AM	Finals	8	comb	75+	3kg	
	Hammer Throw	W 70 - 74	10:00 AM	Finals	3	comb	65 - 74	3kg	
	Hammer Throw	W 65 - 69	10:00 AM	Finals	6	comb	65 - 74	3kg	
	Hammer Throw	M 85 - 89	11:30 AM	Finals	3	comb	75+	3kg	
	Hammer Throw	M 80 - 84	11:30 AM	Finals	6	comb	75+	3kg	
	Hammer Throw	M 75 - 79	11:30 AM	Finals	5	comb	75+	4kg	
	Hammer Throw	M 70 - 74	1:30 PM	Finals	12	1		4kg	
	Hammer Throw	M 65 - 69	2:45 PM	Finals	14	1		5kg	
5-Aug	Javelin	W 90-94	12:00 PM	Finals	1	comb	85+	400g	Runway # 2
Day 1	Javelin	W 85-89	12:00 PM	Finals	8	comb	85+	400g	Runway # 2
65+	Javelin	W 80-84	1:15 PM	Finals	10	1		400g	Runway # 2
	Javelin	W 75-79	3:00PM	Finals	23	1		400g	Runway # 2
	Javelin	W70-74	12:00 PM	Finals	16	1		400g	Runway # 1
	Javelin	W 65-69	2:00 PM	Finals	22	1		400g	Runway # 1
5-Aug	Shot Put	W 90-94	9:00 AM	Finals	3	comb	85+	3kg	Ring # 1
Day 1	Shot Put	W 85-89	9:00 AM	Finals	12	comb	85+	3kg	Ring # 1
65+	Shot Put	W 80-84	10:30 AM	Finals	10	1		3kg	Ring # 1
	Shot Put	W 75 - 79	11:30 AM	Finals	30	2		4kg	Ring # 1
	Shot Put	W 70 - 74	9:00 AM	Finals	24	2		4kg	Ring # 2
	Shot Put	W 65 - 69	11:00 AM	Finals	26	2		5kg	Ring # 2
5-Aug	Pole Vault	W 85 - 89	9:00 AM	Finals	1	comb	65+		Pit # 1
Day 1	Pole Vault	W 80 - 84	9:00 AM	Finals	1	comb	65+		Pit # 1
65+	Pole Vault	W 75 - 79	9:00 AM	Finals	1	comb	65+		Pit # 1
	Pole Vault	W 70 - 74	9:00 AM	Finals	1	comb	65+		Pit # 1
	Pole Vault	W 65 - 69	9:00 AM	Finals	6	comb	65+		Pit # 1
	Pole Vault	M 90 - 94	9:00 AM	Finals	1	comb	70+		Pit # 2
	Pole Vault	M 85 - 89	9:00 AM	Finals	2	comb	70+		Pit # 2
	Pole Vault	M 80 - 84	9:00 AM	Finals	3	comb	70+		Pit # 2
	Pole Vault	M 75 - 79	9:00 AM	Finals	4	comb	70+		Pit # 2
	Pole Vault	M 70 - 74	9:00 AM	Finals	7	comb	70+		Pit # 2
	Pole Vault	M 65 - 69	11:00 AM	Finals	11	1			Pit # 1
5-Aug	Discus	M 95+	1:30 PM	Finals	3	comb	85+	1kg	Ring # 1
Day 1	Discus	M 90 - 94	1:30 PM	Finals	3	comb	85+	1kg	Ring # 1
65+	Discus	M 85 - 89	1:30 PM	Finals	12	comb	85+	1kg	Ring # 1

Date	Event	Age Group		Type	# of Athletes	Flights / Heats	Misc	Weight	
6-Aug	Discus	M 80 - 84	8:00 AM	Finals	26	1		1kg	Ring # 1
Day 2	Discus	M 75 - 79	11:30am	Finals	20	1		1kg	Ring # 1
65+	Discus	M 70 - 74	1:30 PM	Finals	29	1		1kg	Ring # 1
	Discus	M 65 - 69	4:30 PM	Finals	38	1		1kg	Ring # 1
6-Aug	Long Jump	W 90 -94	8:00 AM	Finals	2	comb	80+		Pit # 1
Day 2	Long Jump	W 85 - 89	8:00 AM	Finals	4	comb	80+		Pit # 1
65+	Long Jump	W 80 - 84	8:00 AM	Finals	5	comb	80+		Pit # 1
	Long Jump	W 75 - 79	10:00 AM	Finals	19	1			Pit # 1
	Long Jump	W 70 - 74	12:15 PM	Finals	14	1			Pit # 1
	Long Jump	W 65 - 69	2:15 PM	Finals	14	1			Pit # 1
	Long Jump	M 65 - 69	4:30 PM	Finals	31	1			Pit # 1
	Long Jump	M 95+	8:00 AM	Finals	1	comb	85+		Pit # 2
	Long Jump	M 90 - 94	8:00 AM	Finals	2	comb	85+		Pit # 2
	Long Jump	M 85 - 89	8:00 AM	Finals	5	comb	85+		Pit # 2
	Long Jump	M 80 - 84	9:45 AM	Finals	19	1			Pit # 2
	Long Jump	M 75 - 79	12:00 PM	Finals	14	1			Pit # 2
	Long Jump	M 70 - 74	1:30 PM	Finals	31	1			Pit # 2
6-Aug	High Jump	W 85 - 89	9:00 AM	Finals	2	comb	75+		Pit # 1
Day 2	High Jump	W 80 - 84	9:00 AM	Finals	3	comb	75+		Pit # 1
65+	High Jump	W 75 - 79	9:00 AM	Finals	9	comb	75+		Pit # 1
	High Jump	W 70 - 74	11:15AM	Finals	5	comb	65 - 74		Pit # 1
	High Jump	W 65 - 69	11:15AM	Finals	10	comb	65 - 74		Pit # 1
	High Jump	M 65 - 69	1:30 PM	Finals	26	1			Pit # 1
	High Jump	M 90 - 94	9:00 AM	Finals	1	comb	80+		Pit # 2
	High Jump	M 85 - 89	9:00 AM	Finals	6	comb	80+		Pit # 2
	High Jump	M 80 - 84	9:00 AM	Finals	8	comb	80+		Pit # 2
	High Jump	M 75 - 79	11:30 AM	Finals	11	1			Pit # 2
	High Jump	M 70 - 74	1:30 PM	Finals	23	1			Pit # 2
6-Aug	1500m	W 85 - 89	10:00 AM	Finals	3	comb	75+		
Day 2	1500m	W 80 - 84	10:00 AM	Finals	3	comb	75+		
65+	1500m	W 75 - 79	10:00 AM	Finals	8	comb	75+		
	1500m	W 70 - 74	10:10 AM	Finals	12	1			
	1500m	W 65 - 69	10:20 AM	Finals	19	1			
	1500m	M 95+	10:30 AM	Finals	2	comb	85+		
	1500m	M 90 - 94	10:30 AM	Finals	3	comb	85+		
	1500m	M 85 - 89	10:30 AM	Finals	8	comb	85+		
	1500m	M 80 - 84	10:40 AM	Finals	12	1			
	1500m	M 75 - 79	10:50 AM	Finals	12	1			
	1500m	M 70 - 74	11:00 AM	Finals	27	2			
	1500m	M 65 - 70	11:20 AM	Finals	32	2			

Date	Event	Age Group		Type	# of Athletes	Flights / Heats	Misc	Weight	
6-Aug	100m	W 90 - 94	12:00 PM	Finals	2	comb	85+		
Day 2	100m	W 85 - 89	12:00 PM	Finals	7	comb	85+		
65+	100m	W 80 - 84	12:03 PM	Finals	7	1			
	100m	W 75 - 79	12:15 PM	Qual	27	4			
	100m	W 70 - 74	12:30 PM	Qual	22	4			
	100m	W 65 - 69	12:40 PM	Qual	30	4			
	100m	M 95+	12:55 PM	Finals	4	comb	90+		
	100m	M 90 - 94	12:55 PM	Finals	5	comb	90+		
	100m	M 85 - 89	1:00 PM	Qual	15	2			
	100m	M 80 - 84	1:10 PM	Qual	25	5			
	100m	M 75 - 79	1:25 PM	Qual	27	4			
	100m	M 70 - 74	1:45 PM	Qual	47	6			
	100m	M 65 - 70	2:05 PM	Qual	45	6			
6-Aug	400m	W 85 - 89	2:30 PM	Finals	3	comb	80+		
Day 2	400m	W 80 - 84	2:30 PM	Finals	4	comb	80+		
65+	400m	W 75 - 79	2:35 PM	Qual	11	2			
	400m	W 70 - 74	2:45 PM	Qual	19	3			
	400m	W 65 - 69	3:00 PM	Qual	20	3			
	400m	M 95+	3:15 PM	Finals	2	comb	90+		
	400m	M 90 - 94	3:15 PM	Finals	2	comb	90+		
	400m	M 85 - 89	3:20 PM	Finals	9	1			
	400m	M 80 - 84	3:25 PM	Qual	20	3			
	400m	M 75 - 79	3:40 PM	Qual	19	3			
	400m	M 70 - 74	3:55 PM	Qual	39	5			
	400m	M 65 - 70	4:20 PM	Qual	37	5			

Date	Event	Age Group		Type	# of Athletes	Flights / Heats	Misc	Weight	
7-Aug	Javelin	M 95+	12:00 PM	Finals	1	comb	85+	400g	Runway # 2
Day 3	Javelin	M 90 - 94	12:00 PM	Finals	2	comb	85+	400g	Runway # 2
65+	Javelin	M 85 - 89	12:00 PM	Finals	8	comb	85+	400g	Runway # 2
	Javelin	M 80 - 84	1:30 PM	Finals	24	2		400g	Runway # 2
	Javelin	M 75 - 79	4:00 PM	Finals	12	1		500g	Runway # 2
	Javelin	M 70 - 74	12:00 PM	Finals	26	2		500g	Runway # 1
	Javelin	M 65 - 69	2:30 PM	Finals	25	2		600g	Runway # 1
7-Aug	Shot Put	M 95+	9:00 AM	Finals	2	comb	85+	3kg	Ring # 1
Day 3	Shot Put	M 90 - 94	9:00 AM	Finals	3	comb	85+	3kg	Ring # 1
65+	Shot Put	M 85 - 89	9:00 AM	Finals	11	comb	85+	3kg	Ring # 1
	Shot Put	M 80 - 84	10:30 AM	Finals	22	2		3kg	Ring # 1
	Shot Put	M 75 - 79	12:30 PM	Finals	17	1		4kg	Ring # 1
	Shot Put	M 70 - 74	9:00 AM	Finals	38	3		4kg	Ring # 2
	Shot Put	M 65 - 69	11:00 AM	Finals	37	3		5kg	Ring # 2
7-Aug	Discus	W 90 - 94	2:30 PM	Finals	2	comb	85+	.75kg	Ring # 1
Day 3	Discus	W 85 - 89	2:30 PM	Finals	11	comb	85+	.75kg	Ring # 1
65+									
7-Aug	800m	W 85 - 89	10:00 AM	Finals	2	comb	75+		
Day 3	800m	W 80 - 84	10:00 AM	Finals	3	comb	75+		
65+	800m	W 75 - 79	10:00 AM	Finals	5	comb	75+		
	800m	W 70 - 74	10:05 AM	Finals	11	1			
	800m	W 65 - 69	10:10 AM	Semi	20	2			
	800m	M 95+	10:20 AM	Finals	2	comb	85+		
	800m	M 90 - 94	10:20 AM	Finals	2	comb	85+		
	800m	M 85 - 89	10:20 AM	Finals	4	comb	85+		
	800m	M 80 - 84	10:25 AM	Finals	12	1			
	800m	M 75 - 79	10:30 AM	Finals	11	1			
	800m	M 70 - 74	10:35 AM	Semi	31	3			
	800m	M 65 - 70	10:50 AM	Semi	36	3			

Date	Event	Age Group		Type	# of Athletes	Flights / Heats	Misc	Weight	
7-Aug	200m	W 90 - 94	11:15 AM	Finals	2	comb	85+		
Day 3	200m	W 85 - 89	11:15 AM	Finals	4	comb	85+		
65+	200m	W 80 - 84	11:18 AM	Finals	6	1			
	200m	W 75 - 79	11:21 AM	Semi	23	3			
	200m	W 70 - 74	11:30 AM	Semi	17	3			
	200m	W 65 - 69	11:40 AM	Semi	26	4			
	200m	M 95+	11:55 AM	Finals	3	comb	90+		
	200m	M 90 - 94	11:55 AM	Finals	4	comb	90+		
	200m	M 85 - 89	12:00 PM	Semi	12	2			
	200m	M 80 - 84	12:10 PM	Semi	20	3			
	200m	M 75 - 79	12:25 PM	Semi	23	3			
	200m	M 70 - 74	12:40 PM	Quarter	43	6			
	200m	M 65 - 70	1:05 PM	Quarter	46	6			
7-Aug	400m	W 75 - 79	1:30 PM	Finals	8	1			
Day 3	400m	W 70 - 74	1:35 PM	Finals	8	1			
65+	400m	W 65 - 69	1:40 PM	Finals	8	1			
	400m	M 80 - 84	1:45 PM	Finals	8	1			
	400m	M 75 - 79	1:50 PM	Finals	8	1			
	400m	M 70 - 74	1:55 PM	Finals	8	1			
	400m	M 65 - 69	2:00 PM	Finals	8	1			
7-Aug	100m	W 75 - 79	2:15 PM	Finals	8	1			
Day 3	100m	W 70 - 74	2:20 PM	Finals	8	1			
65+	100m	W 65 - 69	2:25 PM	Finals	8	1			
	100m	M 85 - 89	2:30 PM	Finals	8	1			
	100m	M 80 - 84	2:35 PM	Finals	8	1			
	100m	M 75 - 79	2:40 PM	Finals	8	1			
	100m	M 70 - 74	2:45 PM	Finals	8	1			
	100m	M 65 - 69	2:50 PM	Finals	8	1			

Date	Event	Age Group		Type	# of Athletes	Flights / Heats	Misc	Weight	
8-Aug	Javelin	W 60 - 64	12:00 PM	Finals	21	1		400g	Runway # 2
Day 1	Javelin	W 55 - 59	2:15 PM	Finals	20	1		500g	Runway # 2
50 - 64	Javelin	W 50 - 54	4:15 PM	Finals	18	1		500g	Runway # 2
8-Aug	Pole Vault	W 60 - 64	9:00 AM	Finals	6	comb	50 - 64		Pit # 1
Day 1	Pole Vault	W 55 - 59	9:00 AM	Finals	4	comb	50 - 64		Pit # 1
50 - 64	Pole Vault	W 50 - 54	9:00 AM	Finals	3	comb	50 - 64		Pit # 1
	Pole Vault	M 60 - 64	11:30AM	Finals	14	1			Pit # 1
	Pole Vault	M 55 - 59	9:00 AM	Finals	12	1			Pit # 2
	Pole Vault	M 50 - 54	11:30AM	Finals	7	1			Pit # 2
8-Aug	Hammer Throw	W 60 - 64	8:00 AM	Finals	9	1		3kg	
Day 1	Hammer Throw	W 55 - 59	9:30 AM	Finals	14	comb	50 - 59	3kg	
50 - 64	Hammer Throw	W 50 - 54	9:30 AM	Finals	3	comb	50 - 59	3kg	
	Hammer Throw	M 60 - 64	11:30 AM	Finals	14	1		5kg	
	Hammer Throw	M 55 - 59	1:30 PM	Finals	15	1		6kg	
	Hammer Throw	M 50 - 54	3:00 PM	Finals	11	1		6kg	
8-Aug	Shot Put	W 60 - 64	8:00 AM	Finals	26	2		3kg	Ring # 1
Day 1	Shot Put	W 55 - 59	9:45 AM	Finals	24	2		3kg	Ring # 1
50 - 64	Shot Put	W 50 - 54	11:45 AM	Finals	22	2		3kg	Ring # 1
	Shot Put	M 60 - 64	8:00 AM	Finals	43	3		5kg	Ring # 2
	Shot Put	M 55 - 59	11:15 AM	Finals	25	2		6kg	Ring # 2
	Shot Put	M 50 - 54	1:45 PM	Finals	28	2		6kg	Ring # 2
Day 1									
50 - 64									
8-Aug	1500m	W 60 - 64	2:05 PM	Finals	11	1			
Day 1	1500m	W 55 - 59	2:15 PM	Finals	10	1			
50 - 64	1500m	W 50 - 54	2:25 PM	Finals	20	2			
	1500m	M 60 - 64	2:45 PM	Finals	32	2			
	1500m	M 55 - 59	3:05 PM	Finals	32	2			
	1500m	M 50 - 54	3:25 PM	Finals	35	2			

Date	Event	Age Group		Type	# of Athletes	Flights / Heats	Misc	Weight	
9-Aug-09	Long Jump	W 60 - 64	8:00 AM	Finals	20	1			Pit # 1
Day 2	Long Jump	W 55 - 59	10:30 AM	Finals	21	1			Pit # 1
50 - 64	Long Jump	W 50 - 54	1:00PM	Finals	15	1			Pit # 1
	Long Jump	M 50 - 54	3:30 PM	Finals	28	2			Pit # 1
	Long Jump	M 60 - 64	8:00 AM	Finals	34	3			Pit # 2
	Long Jump	M 55 - 59	12:00 PM	Finals	40	3			Pit # 2
9-Aug	High Jump	W 60 - 64	9:00 AM	Finals	12	1			Pit # 1
Day 2	High Jump	W 55 - 59	11:00AM	Finals	6	comb	50 - 59		Pit # 1
50 - 64	High Jump	W 50 - 54	11:00AM	Finals	8	comb	50 - 59		Pit # 1
	High Jump	M 50 - 54	1:30 PM	Finals	19	1			Pit # 1
	High Jump	M 60 - 64	9:00 AM	Finals	31	2			Pit # 2
	High Jump	M 55 - 59	1:30 PM	Finals	26	2			Pit # 2
9-Aug	Discus	M 60 - 64	8:00 AM	Final	41	3		1kg	
Day 2	Discus	M 55 - 59	10:15 AM	Final	32	2		1.5kg	
50 - 64	Discus	M 50 - 54	1:15 PM	Final	31	2		1.5kg	
9-Aug	100m	W 60 - 64	9:00 AM	Quarter	29	4			
Day 2	100m	W 55 - 59	9:20 AM	Quarter	33	5			
50 - 64	100m	W 50 - 54	9:45 AM	Quarter	35	5			
	100m	M 60 - 64	10:10 AM	Quarter	61	8			
	100m	M 55 - 59	10:50 AM	Quarter	68	9			
	100m	M 50 - 54	11:35 AM	Quarter	45	6			
9-Aug	800m	W 50 - 54	12:15 PM	Semi	24	2			
Day 2	800m	M 60 - 64	12:25 PM	Semi	33	3			
50 - 64	800m	M 55 - 59	12:40 PM	Semi	48	4			
	800m	M 50 - 54	1:20 PM	Semi	36	3			
9-Aug	400m	W 60 - 64	1:30 PM	Semi	22	3			
Day 2	400m	W 55 - 59	1:45 PM	Semi	21	3			
50 - 64	400m	W 50 - 54	2:00 PM	Semi	22	3			
	400m	M 60 - 64	2:15 PM	Quarter	48	6			
	400m	M 55 - 59	2:45 PM	Quarter	40	5			
	400m	M 50 - 54	3:10 PM	Quarter	48	6			
9-Aug	100m	W 60 - 64	3:45 PM	Semi	16	2			
Day 2	100m	W 55 - 59	3:55 PM	Semi	16	2			
50 - 64	100m	W 50 - 54	4:05 PM	Semi	16	2			
	100m	M 60 - 64	4:15 PM	Semi	24	3			
	100m	M 55 - 59	4:30 PM	Semi	24	3			
	100m	M 50 - 54	4:45 PM	Semi	24	3			

Date	Event	Age Group		Type	# of Athletes	Flights / Heats	Misc	Weight	
10-Aug	Javelin	M 60 - 64	9:00 AM	Final	37	2		600g	Runway # 2
Day 3	Javelin	M 55 - 59	12:30 AM	Final	32	2		700g	Runway # 2
50 - 64	Javelin	M 50 - 54	9:00 AM	Final	16	1		700g	Runway # 1
10-Aug	Triple Jump	W 60 - 64	9:00 AM	Final	10	1			Pit # 1
Day 3	Triple Jump	W 55 - 59	10:45 AM	Final	10	1			Pit # 1
50 - 64	Triple Jump	W 50 - 54	12:30 PM	Final	7	1			Pit # 1
	Triple Jump	M 60 - 64	9:00 AM	Final	16	1			Pit # 2
	Triple Jump	M 55 - 59	11:00 AM	Final	20	1			Pit # 2
	Triple Jump	M 50 - 54	1:30 PM	Final	23	1			Pit # 2
10-Aug	Discus	W 60 - 64	9:00 AM	Final	21	1		1kg	
Day 3	Discus	W 55 - 59	11:45 AM	Final	26	2		1.5kg	
50 - 64	Discus	W 50 - 54	3:45 PM	Final	19	1		1.5kg	
10-Aug	Final ALL AGE GROUPS 1500m RACE WALK								
Day 3	1500m RW	W 80 - 89	8:00 AM	Finals		1			
50 - 64	1500m RW	W 70 - 79	8:25 AM	Finals		1			
	1500m RW	W 65 - 69	8:45 AM	Finals		1			
	1500m RW	W 60 - 64	9:00 AM	Finals		1			
	1500m RW	W 50 - 59	9:15 AM	Finals		1			
	1500m RW	M 80 - 89	9:30 AM	Finals		1			
	1500m RW	M 75 - 79	9:55 AM	Finals		1			
	1500m RW	M 70 - 74	10:15 AM	Finals		Heat 1			
	1500m RW	M 70 - 74	10:30 AM	Finals		Heat 2			
	1500m RW	M 65 - 69	10:45 AM	Finals		1			
	1500m RW	M 60 - 64	11:00 AM	Finals		1			
	1500m RW	M 50 - 59	11:15 AM	Finals		1			
10-Aug	200m	W 60 - 64	11:30 AM	Quarter	23	3			
Day 3	200m	W 55 - 59	11:45 AM	Quarter	29	4			
50 - 64	200m	W 50 - 54	12:05 PM	Quarter	31	4			
	200m	M 60 - 64	12:25 PM	Quarter	57	8			
	200m	M 55 - 59	1:15 PM	Quarter	60	8			
	200m	M 50 - 54	1:55 PM	Quarter	53	7			
10-Aug	400m	M 60 - 64	2:30 PM	Semi	16	2			
Day 3	400m	M 55 - 59	2:40 PM	Semi	16	2			
50 - 64	400m	M 50 - 54	2:50 PM	Semi	16	2			
10-Aug	100m	W 60 - 64	3:05 PM	Finals	8	1			
Day 3	100m	W 55 - 59	3:10 PM	Finals	8	1			
50 - 64	100m	W 50 - 54	3:15 PM	Finals	8	1			
	100m	M 60 - 64	3:20 PM	Finals	8	1			
	100m	M 55 - 59	3:25 PM	Finals	8	1			
	100m	M 50 - 54	3:30 PM	Finals	8	1			
10-Aug	200m	W 55 - 59	3:45 PM	Semi	16	2			
Day 3	200m	W 50 - 54	3:55 PM	Semi	16	2			
50 - 64	200m	M 60 - 64	4:05 PM	Semi	16	2			
	200m	M 55 - 59	4:25 PM	Semi	16	2			
	200m	M 50 - 54	4:45 PM	Semi	16	2			

